Issue Focus:

TESTING NURSING KNOWLEDGE:
THE PAST & THE FUTURE

BOARD SERVICE:
REFLECTIONS BY GWEN SUNTKEN

LEGISLATIVE SESSION:
BEGINNS JANUARY 13, 2020
A NOTE FROM THE BOARD

GIVEN THE CHANGING LANDSCAPE of marijuana, including the legalization of recreational marijuana in some states, we want to ensure licensees understand how the use of recreational marijuana may impact their Iowa nursing license.

Recreational marijuana remains illegal under federal law and under Iowa law. Use of recreational marijuana, regardless of the location of use, may result in disciplinary action against your Iowa nursing license or privilege to practice. Note that employers and potential employers frequently forward the results of positive drug screens to state licensing boards in states where you have a nursing license. When we receive such a report, a complaint may be opened, even if a positive drug screen was the result of your use of recreational marijuana in a state where recreational marijuana is legal.

We encourage all nurses to think about the potential consequences of using recreational marijuana prior to engaging in such conduct.
MEMBERS OF THE IOWA BOARD OF NURSING

May 1, 2019 - April 30, 2020

TERM ENDS

Gwen Suntken, MS, RN 2020
Chairperson, Representing Nursing Practice

Nancy Kramer, EdD, ARNP, CPNP, CNE 2022
Vice Chairperson, Representing Nursing Education

Kathryn Dolter, RN, PhD 2021
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Public Member - Vacant

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PUBLISHED BY

CAPTURE MANAGEMENT SOLUTIONS

www.capturemngt.com
October 10, 2019

Dear Nurse Licensee:

For 39 years, the Iowa Board of Nursing (IBON) has used the Nursing Newsletter as the “official” means of communication with Iowa nurses. This issue is the final volume of the newsletter in the existing format. Although the Board still needs to communicate with licensees, the way we will carry out that communication is changing.

Printing and publication costs have skyrocketed. Advertising (which pays for paper publications) is not purchased at the same volume as in the past to sustain the publications. Since technology has advanced, paper newsletters and full issues of digital newsletters are not widely being read. Market research shows that communication and readership styles have simply evolved to new shorter formats and through the use of social media channels, emails and texts.

Going forward, the Board plans to stay in touch with licensees through brief email messages, sent to the licensee’s on-file email address. Also, anything sent to nurse licensees via email will be available to licensees and the public on a new section of the Board’s website with the heading “News You Can Use.”

The communication of official information to nurse licensees is an important responsibility of the IBON. Please make it a priority to check your email often, and to read anything sent from the IBON. The website at https://nursing.iowa.gov is the main source of all IBON processes and procedures. More information will follow in the near future about this topic.

Sincerely,

Kathleen R. Weinberg, MSN, RN
Executive Director
During Session 1 of the 88th General Assembly in 2019, the Iowa Legislature passed House File 731 which changes Iowa’s Mandatory Reporter Training guidelines. Governor Reynolds signed the law on May 8, 2019.

The Department of Human Services (DHS) is now the state agency responsible for the course curriculum. Information from their website is included in this article.

- The Iowa Department of Public Health’s responsibility to review and approve mandatory reporter training curricula has been removed.
- The new law requires the Department of Human Services to develop and provide the core training curriculum for all mandatory reporters in Iowa.
- The law allows for an employer to provide supplemental training as it relates to their professional practice, in addition to the core training curriculum provided by DHS.
- The law maintains that every mandatory reporter must complete 2 hours of training within six months of employment or self-employment, unless otherwise specified by federal regulations, and requires one hour of additional training every 3 years.
  - The child and dependent adult abuse trainings can no longer be combined into one 2-hour course. Both the child and dependent adult abuse core trainings will be 2 hours each.
  - All mandatory reporters are required to take the core (2-hour) training initially, but will be allowed to take a one hour recertification training every three years thereafter so long as they do so prior to the three-year expiration period.
- Clarifies that all valid mandatory reporter training certificates issued prior to July 1, 2019 remain effective for 5 years.

What do you need to know as a licensed nurse?

1. Certificates of completion for mandatory reporter training taken before 7/1/2019, are still valid and may be used to document completion of the requirements. When your current certificate expires, you need to take the new course that applies to the population that you serve.

2. After 7/1/2019, when you need to renew your training, you must follow the new requirements listed above to obtain the DHS training.

As of this publication, the Iowa Board of Nursing renewal application changes are in process. Iowa Administrative Code (IAC) 655, chapters 3 and 5 will also be amended to reflect the new law. In the meantime, follow the DHS requirements.

If a licensee is audited and the required training was taken prior to 7/1/2019, you may submit a certificate from the prior curriculum that is still effective to fulfill the documentation requirements. After 7/1/2019, if you need to take a course, you must show proof that you meet the new requirements established by the DHS. Any additional questions should be directed to the DHS.

See the follow link to go directly to the DHS web page: https://dhs.iowa.gov/child-welfare/mandatoryreporter

REMINDER:

The original version of the popular quiz game TV show known by the name “Are You smarter than a 5th Grader?” yields a maximum $1,000,000 prize for its winners – of which there have only been three. Along the way in the game, contestants can ask for help from a school-age cast member, known as their “classmate.” Contestants who lose because they can’t answer correctly, or end the game before it’s through, have to say “I am not smarter than a 5th grader.”

Recently, while going through files and archives, board staff found a variety of old Iowa State Board of Health Nurse’s examinations that contain some very interesting questions: Questions strange enough that modern-day nurses would likely need the help of a “classmate” to answer. Although there were no prizes involved, a 1919 nurse would have been granted their nursing license by answering and passing a bank of test essay questions. This glimpse into the past yields the question: “Are you smarter than a 1919 nurse?”

Unfortunately, we don’t have the answers to these questions, but this is one test where you can work with a “classmate” to get help! Check out a few of the questions on the next page.
1. Why are puncture wounds made with infected instruments more dangerous than open cuts?
2. Name the two diseases most to be feared from puncture wounds.
3. Name three methods of sterilizing a sheet.
4. Why is bathing so important to health?
5. State briefly how to prepare and apply the following:
   a. Mustard plaster.
   b. Turpentine stupes.
   c. Hot boric acid dressing.
6. How should a nurse be released from quarantine?
7. Name two qualifications especially necessary in a woman who nurses children?
8. Explain fully your understanding of the responsibility a nurse owes to her patient and to her country in regard to the war-time food problem?
9. Explain briefly how fumigation and disinfection may be performed?
10. Differentiate in a general way between the microscopic appearance of streptococci and staphylococci.
11. Name three remedies used for headache, not including opiates, and give the adult dose.
12. What is the action of Ammon. Chloride, Strychnia, Digitalis, Morphia, Belladonna?
13. Name five distinctly different methods of serving milk to patients, not including “Hot milk” and “Cold milk.”

The information in this article is provided in good fun. It’s fitting to reflect on our past to see how far nursing and healthcare have come.

There are equally as difficult test questions in the current nursing licensure examinations, which are designed to test the abilities of an entry-level nurse.

As a glimpse towards the future, watch for information about the Next Generation NCLEX® Exams, currently under research.

See the NCSBN website for more details:

https://www.ncsbn.org

[Logo: NCSBN Leading Regulatory Excellence]
Gwen Suntken

This is likely my last article for the Iowa Board of Nursing Newsletter. I am now in my 9th year serving on the Iowa Board of Nursing, and my term will expire on April 30, 2020. My goal has always been to protect the public and see that we have the best nurses possible to provide care for all Iowans. Being a Board Member has a big learning curve; so many things that as nurses we just know are done for us, but have no idea the amount of time and work it takes to make changes to improve health care.

I have seen many changes during my tenure on the Iowa Board of Nursing. In the beginning it was mainly learning the role and duties of a Board Member, and then has ended with my serving as Chairperson for the past six years. We deal with issues related to updating the Iowa Administrative Code for Nurses, conducting hearings when charges are brought against a nurse, plus changes that occur due to changes in society. Marijuana use become legal in some states, so the Board has carefully considered our approach on nurses using marijuana and the effect this has on their practice. I just want to assure you that the Board spends a great deal of time in open discussion, educating ourselves, and giving thoughtful consideration of all and any changes that we make.

Our Board consists of seven board members that represent Nursing Practice, Nursing Education, LPN Nursing Practice, and two Public Members. This provides the Board with a broad array of experience, education, and input in all Board decisions.

I would like to thank the people who encouraged me serve on the Board when appointed by the Governor. My hope is that I helped the practice of nursing to grow, change with the times, and yet maintaining our goal of “always protecting the public.” Thank you for the opportunity to serve the people and nurses of Iowa.

A Thank You to Gwen Suntken

I would like to extend a sincere thank you to board member Gwen Suntken for her service to the Iowa Board of Nursing. Gwen has served on the board for 9 years representing nursing practice and has held the office of Board Chair for the past 6 years.

As a board member Gwen has been involved in many Iowa Board of Nursing (IBON) initiatives; such as the development of the Iowa Nurse Assistance Program, the passing of the updated Nurse Licensure Compact, numerous revisions to the Iowa Administrative Code, moving forward with paperless licensure and transitioning to a digital newsletter.

The members of the IBON are committed to carrying out the mission of the board to protect the public health, safety and welfare and Gwen has been a true leader in this work. Please join me in thanking Gwen for her endless hours of serving the public and Iowa’s licensed nurses.

~ Kathy Weinberg, Executive Director

Interested in serving on the Iowa Board of Nursing?

See the Boards and Commissions website at the following link for more information about the process: https://openup.iowa.gov/.

To discuss the time commitment and expectations of serving on the Board of Nursing, schedule a call with the IBON’s executive director, Kathy Weinberg, by emailing kathy.weinberg@iowa.gov.
The Board of Nursing encourages all licensees to take part in the legislative process. The 2020 Session Timeline follows. For other information about how an idea becomes a law, see this resource at the following link: https://www.legis.iowa.gov/resources

### 88th Iowa General Assembly

#### 2020 IOWA LEGISLATIVE SESSION TIMETABLE*

*Note: This Session Timetable is subject to change

*See SCR 5, SR 3, and HR 11 (2019)

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>JANUARY 13</td>
<td>First day of session (Iowa Code Sec. 2.1)</td>
</tr>
<tr>
<td>JANUARY 24</td>
<td>Final day for individual Senator and Representative requests for bill and joint resolution drafts to the Legislative Services Agency (Senate Rule 27 and House Rule 29)</td>
</tr>
<tr>
<td>FEBRUARY 21</td>
<td>Final date for Senate bills and joint resolutions to be reported out of Senate Committees and House bills and joint resolutions out of House committees (Joint Rule 20)</td>
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<tr>
<td>FEBRUARY 24 - 28</td>
<td>Senate considers only Senate bills, joint resolutions, and unfinished business House considers only House bills, joint resolutions, and unfinished business (Joint Rule 20)</td>
</tr>
<tr>
<td>MARCH 2 - MARCH 13</td>
<td>Debate not limited by rule</td>
</tr>
<tr>
<td>MARCH 20</td>
<td>Final date for Senate bills and joint resolutions to be reported out of House committees and House bills and joint resolutions out of Senate committees (Joint Rule 20)</td>
</tr>
<tr>
<td>MARCH 23 - 27</td>
<td>Senate considers only House bills, joint resolutions, and unfinished business House considers only Senate bills, joint resolutions, and unfinished business (Joint Rule 20)</td>
</tr>
</tbody>
</table>
| MARCH 30             | Only the following bills and resolutions are eligible for consideration: (Joint Rule 20)
|                      | ▪ Bills passed by both Houses
|                      | ▪ Appropriations Bills
|                      | ▪ Ways and Means Bills
|                      | ▪ Government Oversight Bills
|                      | ▪ Legalizing Acts
|                      | ▪ Administrative Rules Review Committee Bills
|                      | ▪ Committee Bills related to delayed or suspended Administrative Rules (Iowa Code Sec. 17A.8(9))
|                      | ▪ Bills co-sponsored by Majority and Minority Leaders of one House
|                      | ▪ Conference Committee Reports
|                      | ▪ Companion Bills sponsored by Senate and House Majority Leaders
|                      | ▪ Concurrent or Simple Resolutions
|                      | ▪ Joint Resolutions nullifying Administrative Rules
|                      | ▪ Bills on the Veto Calendar (Joint Rule 23)
|                      | ▪ Unfinished Business
| APRIL 6              | Amendments need not be filed on the day preceding floor debate (House Rule 31.8)    |
| APRIL 21             | 100th calendar day of the session [Per diem expenses end - Iowa Code Sec. 2.10(1)] |

**The February 21 and March 20 committee deadlines do not apply to Appropriations Bills, Ways and Means Bills, Government Oversight Bills, Legalizing Acts, Administrative Rules Review Committee Bills, Committee Bills related to delayed or suspended Administrative Rules [Iowa Code Sec. 17A.8(9)], Bills co-sponsored by Majority and Minority Leaders of one House, Conference Committee Reports, Companion Bills sponsored by the Majority Leaders of both Houses after consultation with the respective Minority Leaders, Concurrent or Simple Resolutions, and Joint Resolutions nullifying Administrative Rules.**

Legislative Information Office: 07/03/2019
INSTITUTE OF REGULATORY EXCELLENCE: NEW FELLOWS ANNOUNCED

NCSBN inducted its 13th group of Fellows of the NCSBN Institute of Regulatory Excellence (IRE) during the NCSBN Annual Meeting and Delegate Assembly, held in Chicago, Aug. 21-23, 2019.

The IRE began in 2004 with the purpose of providing boards of nursing (BONs) with high-quality regulatory education, expanding the body of knowledge related to regulation through research and scholarly work, developing the capacity of regulators to become expert leaders, and developing a network of regulators who collaborate to improve regulatory practices and outcomes.

The 2019 Class of Fellows Includes:

- Bonnie Crumley Aybar, MSN, RN, CPAN, New Hampshire Board of Nursing
- Jackie Baer, DNP, APRN, FNP-BC, South Carolina Board of Nursing
- Denise Benbow, MSN, RN, Texas Board of Nursing
- Tammy Buchholz, MSN, RN, CNE, North Dakota Board of Nursing
- Janeen Dahn, PhD, RN, FNP-C, Arizona State Board of Nursing
- Diana Heywood, MN, RN, College of Registered Nurses of Manitoba
- Karl Hoehn, JD, Washington State Nursing Care Quality Assurance Commission
- Leanne Matthes, MA, College of Registered Nurses of Manitoba
- Angela McNabb, MN, RN, CPMHN, College of Nurses of Ontario
- Renata Neufeld, MPA, College of Licensed Practical Nurses of Manitoba
- Kristie Oles, EdD, MSN, RN, Ohio Board of Nursing
- LaDonna Patton, MSN, RN, CEN, Alabama Board of Nursing
- Janice Penner, MSN, RN, British Columbia College of Nursing Professionals
- Jimmy Reyes, DNP, AGNP, RN, Iowa Board of Nursing

SEE A SUMMARY OF DR. REYES’ RESEARCH PROJECT ON THE NEXT PAGE

COMPETENCIES FOR THE IMPLEMENTATION AND PROVISION OF TELEHEALTH MODALITIES BY REGISTERED NURSES AND ADVANCED PRACTICE REGISTERED NURSES IN A RURAL STATE

JIMMY REYES, Ph.D.(c), DNP, AGNP, RN, FRE, CNE

INTRODUCTION

Telehealth modalities and the role and responsibilities of registered nurses (RNs) and advanced practice registered nurses (APRNs) using this technology continues to change and evolve in the United States. As indicated by the National Council of State Boards of Nursing (NCSBN) (2014) and the American Hospital Association (AHA) (2015), the delivery of nursing services via telehealth constitutes the practice of nursing. Yet, little is known about the education and competencies needed to effectively provide care via telehealth modalities by RNs and APRNs. In addition, there is even less information on the implementation of a standardized curriculum on required telehealth competencies.

OBJECTIVES

The objective of this study was to discuss the needed competencies for the implementation and provision of telehealth modalities by RNs and APRNs.

METHODS

This study used a descriptive qualitative approach using semi-structured interviews to explore the needed competencies for the implementation and provision of telehealth modalities.

<table>
<thead>
<tr>
<th>Characteristics</th>
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<tbody>
<tr>
<td>Gender, number (%)</td>
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<tr>
<td>Female</td>
<td>15 (100)</td>
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<tr>
<td>Male</td>
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<tr>
<td>Educational level, number (%)</td>
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<tr>
<td>Bachelor of Science in Nursing, Education</td>
<td>4 (27)</td>
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<tr>
<td>Master of Science in Nursing, Administration</td>
<td>5 (33)</td>
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<tr>
<td>Master of Science in Nursing, Advanced Practice</td>
<td>2 (13)</td>
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<tr>
<td>Doctor of Nursing Practice (DNP)</td>
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<tr>
<td>Doctor of Philosophy in Nursing</td>
<td>1 (7)</td>
</tr>
<tr>
<td>Doctor of Philosophy (other)</td>
<td>0 (0)</td>
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<tr>
<td>Setting, number (%)</td>
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<tr>
<td>Higher Education Institution</td>
<td>5 (33)</td>
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<tr>
<td>Critical Access Hospital</td>
<td>6 (40)</td>
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<tr>
<td>Urban Hospital</td>
<td>3 (20)</td>
</tr>
<tr>
<td>Community Health Agency</td>
<td>1 (7)</td>
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<tr>
<td>Association/Government</td>
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<tr>
<td>Location (per state of Iowa definition)</td>
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<tr>
<td>Urban</td>
<td>5 (33)</td>
</tr>
<tr>
<td>Rural</td>
<td>10 (67)</td>
</tr>
</tbody>
</table>

RESULTS

The findings revealed that RNs and APRNs require both a subset of foundational clinical knowledge and technology-specific competencies and skills to build and enhance telehealth delivery capacity.

Sub-themes emerged which included focused assessment, analysis and interpretation of data, communication, privacy and confidentiality, use of technology and software application, sharing information via electronic approaches and troubleshooting issues.

Educating RNs and ARNPs on the effective use of telehealth modalities may improve healthcare delivery, patient satisfaction, patient outcomes, and optimize healthcare services by reducing costs and improving access to services.

CONCLUSIONS

This study described the needed competencies and requirements for the delivery and implementation of telehealth modalities.

In addition, this study underscored the importance of integrating both foundational clinical knowledge and telehealth-related competencies in nursing education programs as there is a systematic absence of skills, knowledge, and behaviors to effectively and safely implement this technology.

The findings may be of value to schools of nursing, healthcare facilities, and regulatory bodies as competencies may be used to develop curriculum and standards of practice.

NEXT STEPS

Work with Iowa Board approved schools of nursing to include telehealth competencies and content in their curriculum.

Develop rules and regulations on the practice of telehealth in Iowa.
The Iowa Nurse Assistance Program invites nurses interested in participating in a voluntary committee to submit their information to the Iowa Board of Nursing. The INAPC serves as an advisory resource to the INAP program. Committee member duties include reviewing case files to determine eligibility, contract compliance and non-compliance reviews, in-person committee meetings, collaboration with INAP staff and program guidance. Interested candidates should read the membership descriptions and address which qualification they are requesting to fill.

The Iowa Nurse Assistance Program is a confidential monitoring/advocacy program based on Iowa Administrative Rules 655, chapter 19. The Iowa Nurse Assistance Program Committee will meet face to face on a quarterly basis or more frequently if warranted. Committee members shall be appointed for three-year terms and shall serve for a maximum of three terms. The next INAP Committee term will serve December 2019—December 2022.

19.3(1) Membership. The membership of the INAPC includes, but is not limited to:

a. The executive director of the board or the director’s designee from the board’s staff;

b. One board of nursing licensee who has maintained sobriety for a period of no less than two years following successful completion of a recovery program;

c. One licensed health care provider with expertise in substance use disorders;

d. One licensed provider with expertise in mental health; and

e. One public member.

Qualified individuals may apply to be a member of the committee by submitting a letter of intent, addressing qualifications as stated in 19.3(1), and a current resume to the Iowa Board of Nursing, Attention: Kathy Weinberg, Executive Director, by October 31, 2019 to kathy.weinberg@iowa.gov or mail the items to:

Kathy Weinberg, Executive Director
Iowa Board of Nursing
400 SW 8th Street, Suite B
Des Moines, IA 50309
INAP Mission: INAP shares the mission of the Iowa Board of Nursing to protect public health, safety and welfare by regulating the licensure of nurses, the practice of nurses, nursing education and continuing education.

INAP Objectives:
- Protect the public while monitoring the nurse to assure safe practice
- Encourage early identification, entry into treatment, and entry into a contractual agreement for monitoring of compliance
- Facilitate nurses to maintain an ongoing recovery consistent with patient safety

How to Self-Report
- INAP self-report forms are available on the Iowa Board of Nursing website under the INAP link.
- Nurses should submit a completed 1) self-report, 2) intake form 3) release of information form and 4) INAP fact sheet to start the INAP process.
- Nurses should contact INAP after they self-report for an interview and to determine the next steps.

INAP Objectives:
- INAP shares the mission of the Iowa Board of Nursing to protect public health, safety and welfare by regulating the licensure of nurses, the practice of nurses, nursing education and continuing education.

Who? WHO MAY BE ELIGIBLE FOR THE PROGRAM?
- All licensees seeking entry require INAP Committee approval
- Nurses with a physical or mental condition affecting their practice
- Nurses who use alcohol or drugs to the extent their practice is affected
- Nurses in recovery who voluntarily enter INAP and admit to violations

Who? WHO MAY NOT BE ELIGIBLE?
- The INAP Committee will determine ineligibility on a case by case basis
- Nurses who divert drugs for profit
- Nurses who adulterate/misbrand or tamper with drugs intended for patients
- Nurses who provide inaccurate or fraudulent information or fail to fully cooperate
- Nurses who participated in the program or similar program offered by other states without success
- Nurses who are not in recovery and deny violations

Why? IMPAIRMENT CAN COST YOUR JOB AND LICENSE.

Why? WHY INAP WAS ESTABLISHED
A nurse’s ability to safely practice may be affected if a nurse routinely use substances or has a mental health condition. The program is designed to encourage health professionals to seek a recovery program before their condition harms a patient or results in disciplinary action.

Why? WHY INAP WORKS
INAP is a supportive program that promotes and monitors nurses in recovery. INAP addresses the treatment needs specific for the individual and actively monitors progress.

INAP Services Include:
- Intake assessment, support and treatment referrals
- Ongoing nurse monitoring including random body fluid testing
- Reporting non-compliant participants to the Board to ensure public safety
See this news release from the National Council of State Boards of Nursing (NCSBN) regarding new guidelines.

NCSBN and ANA issued new joint National Guidelines for Nursing Delegation (https://www.ncsbn.org/NGND-PosPaper_06.pdf) utilizing new research findings and evidence in the literature to update and standardize the nursing delegation process. The new guidelines are applicable to all levels of nursing licensure where the nurse practice act is silent.

The National Guidelines for Nursing Delegation can be applied to:

- Advanced practice registered nurses (APRNs) when delegating to registered nurses (RNs), licensed practical/vocational nurses (LPN/VNs) and assistive personnel (AP);
- RNs when delegating to LPN/VNs and AP; and
- LPN/VNs (as allowed by their state/jurisdiction) when delegating to AP.

NCSBN and ANA note that the guidelines do not apply to the transfer of responsibility for care of a patient between licensed health care providers (e.g., RN to another RN or LPN/VN to another LPN/VN), which is considered a handoff. The new guidelines replace the previous ones issued in 2010.

Retrieved from NCSBN “Good Morning Members – June 6, 2019” News Release

IMPORTANT NOTE:

THE NATIONAL TRANSPORTATION SAFETY BOARD issues the following recommendation for licensed professionals with prescriptive authority: “Remember to routinely discuss with patients the effect a person’s diagnosed medical conditions or prescription medications may have on his or her ability to safely operate a vehicle in any mode of transportation.”

In respect to best practices, also remember to document patient teaching regarding the above recommendation.

FOLLOW THE BOARD ON FACEBOOK, TWITTER, AND YOUTUBE OR VISIT OUR WEBSITE!

FACEBOOK.COM/IABOARDOFNURSING

@IABDOFNURSING

WWW.BIT.LY/IABOARDOFNURSING

WWW.NURSING.IOWA.GOV
PAPERLESS LICENSURE IS LIVE!

Get your licensure verification online at IBON Online Services, by clicking this link: https://eservices.iowa.gov/PublicPortal/Iowa/IBON/public/license_verification.jsp

WHAT’S THE PROCESS NOW?

A nurse will complete the appropriate application process and instead of receiving a paper wallet card in the mail they will receive an email after their application is complete stating they hold an active Iowa license, with a number and information concerning verifying their license online. A 5” x 7” certificate will continue to be sent out for an initial license and an endorsement license at this time.

WHAT ARE THE BENEFITS OF GOING PAPERLESS?

- The best licensure verification is obtained online
- Licensure status can be verified electronically anytime from anywhere
- Licensure status is updated in real time
- The threat for fraud is virtually taken away
- Staff time in sending out wallet cards is eliminated
- The licensing process becomes more efficient.

Per the National Council of State Boards of Nursing Member Board Profiles, 32 states issue initial licenses paperless and 39 states issue renewals paperless.
WHY SHOULD I UTILIZE THE IOWA BOARD OF NURSING WEBSITE?

*Maggie Schwarck, Associate Director of Licensing*

The Iowa Board of Nursing website at nursing.iowa.gov has a wealth of information. You can learn about licensure applications, license verification, continuing education rules, filing an enforcement complaint, the Nurse Licensure Compact, and so much more.

- Did you know that the website homepage has a YouTube link to tutorials that help you create and access your online account?
- Did you know that you can access the IBON Online Services tab with links to online licensure applications from the website homepage?
- Did you know that you can obtain board phone numbers and e-mail addresses by specialty area on the website?
- Did you know that you can access Iowa laws and administrative rules for nursing from the website home page?
- Did you know that you can learn about the eligibility criteria for entrance into the Iowa Nurse Assistance Program (INAP) on the website?
- Did you know that you can order a roster of licensees online?

The Iowa Board of Nursing website has the following features to help you navigate throughout the website.

- **Tab Headings**
  - Hover over the tab headings to see the drop down box with specific information related to that heading.
- **Search Bar**
  - Type a key word into the search bar.

The Iowa Board of Nursing website provides answers to the most frequently asked questions (FAQs). The FAQ links by topic area can be accessed from the homepage, the tab headings and the search bar.

Utilizing the Iowa Board of Nursing website at nursing.iowa.gov will save you time and provide you with information that is comprehensive and useful. Take some time to browse through the website and see what a great resource it is for you!
DON’T FORGET TO RENEW YOUR LICENSE

REMEMBER:
Your renewal deadline always occurs on the 15th of your birth month.

IT’S EASY! JUST FOLLOW THESE 4 SIMPLE STEPS:

1. Go to the Iowa Board of Nursing website at https://nursing.iowa.gov
2. Select “IBON Online Services” and click on the link entitled “Renew an Existing RN, LPN or ARNP license.
3. Sign in with your account ID and password (http://bit.ly/IABOARDOFNURSING). If it is your first time using the online system, follow the steps to create an account.
4. Complete the application and pay the renewal fee by either credit or debit card.

THAT’S IT - YOUR LICENSE IS RENEWED!

Licensees should plan to renew their nursing license 30 to 60 days prior the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

<table>
<thead>
<tr>
<th>LICENSE EXPIRATION DATE</th>
<th>RENEWAL DATE RANGE</th>
<th>LATE FEE ASSESSED</th>
<th>INACTIVE STATUS (IF NOT RENEWED)</th>
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<tbody>
<tr>
<td>October 15, 2019</td>
<td>August 15, 2019 – October 15, 2019</td>
<td>October 16</td>
<td>November 16, 2019</td>
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<tr>
<td>November 15, 2019</td>
<td>September 15, 2019 – November 15, 2019</td>
<td>November 16</td>
<td>December 16, 2019</td>
</tr>
</tbody>
</table>

A $50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the license.

The continuing education requirement for all license renewals is 36 contact hours (3.6 CEUs) of nursing continuing education. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

Effective 1/1/2018, all license renewals require 36 contact hours of continuing education, regardless of the term of the license.
The Iowa Board of Nursing requests that licensees and the public use the board website [nursing.iowa.gov](http://nursing.iowa.gov) for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

<table>
<thead>
<tr>
<th>QUESTIONS ABOUT</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Disciplinary issues</td>
<td>📞 (515) 281-6472</td>
</tr>
<tr>
<td>• Sanctioned cases</td>
<td>📧 <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></td>
</tr>
<tr>
<td>• Alternative to Discipline Program (Iowa Nurse Assistance Program)</td>
<td>📞 (515) 725-4008</td>
</tr>
<tr>
<td></td>
<td>📧 <a href="mailto:inap@iowa.gov">inap@iowa.gov</a></td>
</tr>
<tr>
<td>• Scope of nursing practice in Iowa</td>
<td>📞 (515) 326-4400</td>
</tr>
<tr>
<td></td>
<td>📧 <a href="mailto:nursingpractice@iowa.gov">nursingpractice@iowa.gov</a></td>
</tr>
<tr>
<td>• Formal nursing education in Iowa</td>
<td>📞 (515) 326-4400</td>
</tr>
<tr>
<td></td>
<td>📧 <a href="mailto:nursingeducation@iowa.gov">nursingeducation@iowa.gov</a></td>
</tr>
<tr>
<td>• Nurse Licensure Compact Agreement (Multi-state license)</td>
<td>📞 (515) 281-5535</td>
</tr>
<tr>
<td>• NCLEX accommodations</td>
<td>📧 <a href="mailto:maggie.schwarck@iowa.gov">maggie.schwarck@iowa.gov</a></td>
</tr>
<tr>
<td>• Foreign graduate applications for licensure</td>
<td></td>
</tr>
<tr>
<td>• License verification</td>
<td>📞 (515) 281-3264</td>
</tr>
<tr>
<td>• RN or LPN renewal application</td>
<td>📧 <a href="mailto:ibon.renewal@iowa.gov">ibon.renewal@iowa.gov</a></td>
</tr>
<tr>
<td>• RN or LPN reactivation application</td>
<td>📧 <a href="mailto:ibon.reactivation@iowa.gov">ibon.reactivation@iowa.gov</a></td>
</tr>
<tr>
<td>• ARNP Renewal</td>
<td>📧 <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></td>
</tr>
<tr>
<td>• Name/address changes</td>
<td>📞 (515) 281-4826</td>
</tr>
<tr>
<td>• Inactive status</td>
<td>📧 <a href="mailto:ibon@iowa.gov">ibon@iowa.gov</a></td>
</tr>
<tr>
<td>• Application for licensure by examination</td>
<td>📞 (515) 281-6488</td>
</tr>
<tr>
<td></td>
<td>📧 <a href="mailto:newnurse@iowa.gov">newnurse@iowa.gov</a></td>
</tr>
<tr>
<td>• Endorsement application</td>
<td>📞 (515) 281-4827</td>
</tr>
<tr>
<td>• ARNP initial application</td>
<td>📧 <a href="mailto:endorse@iowa.gov">endorse@iowa.gov</a></td>
</tr>
<tr>
<td></td>
<td>📧 <a href="mailto:initialarnp@iowa.gov">initialarnp@iowa.gov</a></td>
</tr>
<tr>
<td>• Continuing education rules</td>
<td>📞 (515) 201-2509</td>
</tr>
<tr>
<td>• Continuing education provider rules</td>
<td>📧 <a href="mailto:laura.hudson@iowa.gov">laura.hudson@iowa.gov</a></td>
</tr>
<tr>
<td>• Special approval of continuing education courses</td>
<td>📞 (515) 281-8258</td>
</tr>
<tr>
<td></td>
<td>📧 (515) 725-1107 (Audit Fax)</td>
</tr>
<tr>
<td></td>
<td>📧 <a href="mailto:ibon.audit@iowa.gov">ibon.audit@iowa.gov</a></td>
</tr>
<tr>
<td>• Continuing education audits</td>
<td>📧 <a href="mailto:ibon.audit@iowa.gov">ibon.audit@iowa.gov</a></td>
</tr>
<tr>
<td>• Editor, Iowa Board of Nursing newsletter</td>
<td>📞 (515) 281-5899</td>
</tr>
<tr>
<td>• Website content</td>
<td>📧 <a href="mailto:gail.beebe@iowa.gov">gail.beebe@iowa.gov</a></td>
</tr>
<tr>
<td>• Rosters or listings of nurses</td>
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</tbody>
</table>
TO CHANGE YOUR EMAIL ADDRESS

If your email address changes, it needs to be updated in two different places: your IBON record, and your login account. These are hosted separately.

**To update your IBON record:**
Although you can wait until you renew your license, it may be wiser to update it immediately, as follows:
1. Go to IBON Online Services and select “Update Contact Information.”
2. This will take you to the Enterprise login screen mandated by the State of Iowa.
3. Enter your account i.d. and password, and click “Sign In.”
4. You will be returned to the Iowa Board of Nursing Online Services, and the proper screen to update your information.
5. Update all available fields on the screen – including your email address, and click Continue.

**To Update your login i.d.**
Your login email is different from the email address in your license record. The login email is used by the state’s mandated authentication services for all state business. If you forget your login i.d., the system can send it to you – but it will go to the email address they have on record in the login account, not to the address in your license record.
1. Go to IBON Online Services and select “Update Contact Information.” This will take you to the Enterprise login screen mandated by the State of Iowa.
2. On the login screen (below), enter your account i.d. and password, **BUT instead of clicking on “Sign In,” click on “Account Details.”**
3. This will take you to the following screen, where it is apparent that you need to enter your new email twice and click save.

**Additional note:**
If you can remember neither your login i.d. nor your password, AND your email address has changed, you have two choices:
1. Create a new and different login i.d. and password. The new login i.d. must be different from the one you initially created, i.e., Suzy.Smith@iowaid could become Suzy-Smith2@iowaid.
2. You can request assistance through the state’s Help Desk from the links available in the lower right corner of the login screen, or by calling 515-281-5703, or 1-800-532-1174.

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**CHANGE OF ADDRESS/NAME**

State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change, within 30 days of the change.

**TODAY’S DATE:**

**LAST NAME:**

**FIRST NAME:**

**MIDDLE NAME:**

**SSN:**

**RN/LPN#**

**RESIDENT STATE:**

**EMAIL:**

**NAME CHANGE:**  [ ] YES  [ ] NO

**PREVIOUS NAME:**

**OLD ADDRESS**

**HOME ADDRESS:**

**CITY:**  [ ] I’M ON ACTIVE MILITARY DUTY

**STATE:**  [ ] I’M A FEDERAL EMPLOYEE

**ZIP:**  [ ] I’M AN LPN CURRENTLY IN THE PROCESS OF OBTAINING AN RN LICENSE

**NEW ADDRESS**

**HOME ADDRESS:**

**CITY:**

**STATE:**

**ZIP:**

**MAIL TO:**
Iowa Board of Nursing
400 SW 8th Street, Suite B
Des Moines, IA 50309

OR
Email information to: ibon@iowa.gov
Update address online at nursing.iowa.gov
Select IBON online services
EDUCATION OF LICENSEES

The following chart illustrates the total number of active licensees and the original RN graduate award level. Diplomas programs were nursing programs associated with a hospital or medical facility. Diploma numbers continue to decline following the closing of the last Iowa diploma program in 1999, and the retirements of nurses who attended the diploma programs. The number of Associate Degree in Nursing/Associate of Science in Nursing (ADN/ASN) graduates and Bachelor of Science in Nursing (BSN) graduates have continued to rise over the last 11 years. However, the total number of graduates from ADN/ASN programs continues to outpace the number who earn a BSN degree upon original licensure.

Since 2008, the number of ADN/ASNs awarded has increased by 41.5 percent while the number of 4-year degrees earned has increased by 54.7 percent.

FIGURE 5: Basic RN Education, Graduates by Award Level (2008-2018)

Total BSN graduates have increased at a rate over 13% greater than ADN/ASN graduates (2008 - 2018)
The following chart identifies the highest degree held by active licensed RNs. All degree categories identified by RNs experienced an overall increase since 2008 with the exception of diplomas which is a reflection of the absence of diploma nursing programs in Iowa and the aging workforce.

There was a 15.7 percent increase between 2017 and 2018 for RNs who reported a doctorate as their highest degree. During this same time period, there was a 21.2 percent increase in RNs who specifically reported a doctoral level in nursing as their highest degree.

In addition, there was an increase of 5.5 percent during 2017-2018 timeframe among RNs who reported a BSN as their highest degree level and a 4.6 percent increase in baccalaureate degrees, overall.

Nurses with Master’s degrees as their highest level of education more than doubled from 2008, with 3,065 reporting to 6,353 reporting in 2018.

In 2018, over half (52.2%) of total RN licensees reported a highest degree level of a baccalaureate or higher.

*For 2018, of the 702 doctoral in nursing degrees reported: 537 are Doctor of Nursing Practice (DNP) degrees, 32 are other doctoral nursing degrees, and 133 are PhDs in nursing.
The Iowa Healthiest State Initiative and the Iowa Action Coalition are counting on nurses to help them get their message out! What could you do, as an individual to get involved? Or, how about getting your co-workers together for a work project? See the latest announcement about the 5-2-1-0 Healthy Choices Count! campaign below.

The Healthiest State Initiative, in partnership with the Iowa Department of Public Health, has launched a new opportunity for Iowa workplaces (http://bit.ly/HealthyState1) to support healthy choices for their employees. Employers of all sizes and representing all sectors are invited to sign up (http://bit.ly/HealthyState2) as a 5-2-1-0 Healthy Choices Count! Registered Workplace.

5-2-1-0 Healthy Choices Count! in the Workplace breaks down the key concepts of workplace wellness into the focus areas of Eat Well, Move More and Feel Better.

Registered sites will receive resources to start or enhance an existing wellness program, as well as statewide recognition and eligibility to apply for a Healthiest State Annual Workplace Award. Sign up your employer today!

“The health of Iowa’s workforce is vital to the success and sustainability of our state in the future. We’re calling on employers statewide to make the healthy choice the easy choice for their employees by aligning their wellness efforts to achieve the goals outlined by the 5-2-1-0 Healthy Choices Count! initiative.”

— Gerd Clabaugh, Director of the Iowa Department of Public Health
BOARD ORDERS
PREVIOUSLY NAMED SANCTIONED CASES

You may look up an order by:

- name,
- case number, or
- license number.

Sanctioned licenses should be verified through our website to determine current status. Reading the entire order provides the best understanding of what the licensee was disciplined for, and what sanction they received.

Web: https://nursing.iowa.gov

- Click on IBON Online Services.
- Click on Discipline Documents.

<table>
<thead>
<tr>
<th>JUN-19</th>
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<tbody>
<tr>
<td>Debra M. Greiner</td>
<td>17-717</td>
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<tr>
<td>Stephanie M. Wadell</td>
<td>17-723</td>
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<tr>
<td>Aislinn Pilloff</td>
<td>18-124</td>
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<tr>
<td>Kristina D. Patton</td>
<td>18-181</td>
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<tr>
<td>Brooklyn D. Hageman</td>
<td>18-251</td>
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<tr>
<td>Janet L. Jordan</td>
<td>18-320</td>
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<tr>
<td>Barbara J. Doherty</td>
<td>18-540</td>
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<tr>
<td>Jessica R. Williams</td>
<td>18-555</td>
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<tr>
<td>Kathleen S. Cannon</td>
<td>19-092</td>
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<thead>
<tr>
<th>JUL-19</th>
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<tbody>
<tr>
<td>Samantha G. Brecount</td>
<td>15-263</td>
<td></td>
</tr>
<tr>
<td>Christine A. Preston</td>
<td>17-295</td>
<td></td>
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<tr>
<td>Sarah J. Nalvanko</td>
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<tr>
<td>Kristine A. Alexander</td>
<td>17-720</td>
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<tr>
<td>Angela D. Beik</td>
<td>18-104</td>
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<tr>
<td>Michael K. Carlson</td>
<td>18-132</td>
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<tr>
<td>Debra S. Jones</td>
<td>18-352</td>
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<tr>
<td>Allison T. Chilton</td>
<td>19-105</td>
<td></td>
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<tr>
<td>Valerie A. Hulsizer</td>
<td>19-107</td>
<td></td>
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<tr>
<td>Krystal K. (Laird) May</td>
<td>19-177</td>
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<tr>
<td>Jennifer M. Young</td>
<td>17-150</td>
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<tr>
<td>Lori L. Medberry</td>
<td>17-594</td>
<td></td>
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<tr>
<td>Tamara A. Hall</td>
<td>17-773</td>
<td></td>
</tr>
<tr>
<td>Candia M. Parker</td>
<td>18-071</td>
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<tr>
<td>Angelina T. Hunter</td>
<td>18-169</td>
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<tr>
<td>Alejandra Linares</td>
<td>18-240</td>
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<tr>
<td>Jennifer M. Vancil</td>
<td>18-291</td>
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<tr>
<td>Janietta A. Badura</td>
<td>18-313</td>
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<tr>
<td>Nicole B. Reed</td>
<td>18-417</td>
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<tr>
<td>Alicia D. Swenson</td>
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<tr>
<td>Krista L. Hill</td>
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<tr>
<td>Stephanie M. Fallon</td>
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<tr>
<td>Brandy K. Edwards</td>
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<tr>
<td>Helen J. Dorr</td>
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<tr>
<td>Sara J. Singletary</td>
<td>18-264</td>
<td></td>
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<tr>
<td>Shanda K. Shears</td>
<td>15-432</td>
<td></td>
</tr>
<tr>
<td>Holly R. Truckenmiller</td>
<td>16-506</td>
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<tr>
<th>AUG-19</th>
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<tr>
<td>Scott W. Selby</td>
<td>18-059</td>
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<tr>
<td>Elisabeth L. Jensen</td>
<td>18-283</td>
<td></td>
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<tr>
<td>Natalie N. Finken</td>
<td>18-399</td>
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<tr>
<td>Gina M. Fox</td>
<td>18-573</td>
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<tr>
<td>Dawn M. Petersen-Rios</td>
<td>19-108</td>
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</tr>
<tr>
<td>Tonya L. Atkinson</td>
<td>19-028</td>
<td></td>
</tr>
<tr>
<td>Jessie C. Gaumer</td>
<td>19-124</td>
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</tbody>
</table>
The Newborn Safe Haven Act is a law that allows parents - or another person who has the parent’s authorization - to leave an infant up to 30 days old at a hospital or health care facility without fear of prosecution for abandonment. A parent may also contact 911 and relinquish physical custody of an infant up to 30 days old to a first responder of the 911 call. See Iowa Code section 233.2 for full requirements.

What does the hospital or health care facility do when an infant is abandoned or left at an institutional health facility and parent has decided to invoke safe haven?

The person assuming physical custody of the living infant shall, within one business day of assuming custody, contact the birth registration staff at 515-281-3266 or 515-242-6332 with the Iowa Department of Public Health/Bureau of Health Statistics for specific directions and guidance for registering the birth. The person assuming custody must also contact the Department of Human Services for additional assistance.

DHS link: https://dhs.iowa.gov/safe-haven
CONTINUING EDUCATION OFFERINGS

ABBREVIATIONS
SPON: SPONSOR
FAC: FACULTY
INFO: MORE INFO ONLINE
AUD: AUDIENCE
INC: INCLUDES/INCLUDING
REG BY: REGISTER BY
TBA: TO BE ANNOUNCED
NG: NOT GIVEN
NR: NONRESIDENT

REGION 1
NORTHWEST COUNTIES OF IOWA
No CE listings available at this time.

REGION 2
NORtheast COUNTIES OF IOWA
ABS: 1/14/2019; 8:30am - 3:30pm
📍 Cedar Rapids, IA

The Science of Fat and Sugar: Appetite, Eating Disorders, & the Reward System

SPON: Institute for Natural Resources (INR) #288
CONTACT: Deborah Cheung
PHONE: (925) 609-2820
SUMMARY: The seminar “The Science of Fat and Sugar” concentrates on the recent advances in the field of nutrition science and the applicable guidance for nurses and other health care professionals.
FAC: Dr. Laura Pawlak, PhD
INFO: www.inrseminars.com
AUD: RN, LPN, NP
REG BY: 11/14/2019 FEE: $83.00
CONTACT HOURS: 6

REGION 3
SOUTHWEST COUNTIES OF IOWA
No CE listings available at this time.

REGION 4
SOUTHEAST COUNTIES OF IOWA
ABS: 1/07/2019; 8:00am - 4:30pm
ABS: 1/08/2019; 8:00am - 4:05pm
📍 Coralville, IA

Sepsis State of the Art: 1st Annual Interprofessional Management of the Critically Ill

SPON: University of Iowa Hospitals & Clinics Dept of Nursing #34
CONTACT: Lou Ann Montgomery, PhD, RN, BC
PHONE: (319) 356-4304
SUMMARY: The purpose of this two-day conference is to highlight the latest evidence-based practice & strategies for managing sepsis & other critical care issues.
FAC: Timothy Girard, MD, MSCI; Associate Professor of Critical Care Medicine, University of Pittsburgh & UPMC Health System
INFO: https://uihc.org/nursing-continuing-education-schedule
AUD: Physicians, Hospitalists, Advanced Registered Nurse Practitioners, Physician Assistants, Pharmacists, Nurses, Respiratory, Physical, Occupational & Speech Therapists, Dieticians & Social Workers
REG BY: 10/20/2019 FEE: $100.00
CONTACT HOURS: 12.9
11/13/2019; 8:30am - 3:30pm
Bettendorf, IA

The Science of Fat and Sugar: Appetite, Eating Disorders, & the Reward System

SPON: Institute for Natural Resources (INR) #288
CONTACT: Deborah Cheung
PHONE: (925) 609-2820

SUMMARY: The seminar “The Science of Fat and Sugar” concentrates on the recent advances in the field of nutrition science and the applicable guidance for nurses and other health care professionals.

FAC: Dr. Laura Pawlak, PhD
INFO: www.inrseminars.com
AUD: RN, LPN, NP
REG BY: 11/14/2019
FEE: $83.00
CONTACT HOURS: 6

11/21/2019; 8:45am - 4:00pm
Iowa City, IA

Basic Fetal Monitoring Workshop

SPON: University of Iowa Hospitals & Clinics Dept of Nursing #34
CONTACT: Lou Ann Montgomery, PhD, RN, BC
PHONE: (319) 356-4304

SUMMARY: This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients. Discussion will include methods of fetal monitoring, recognition of changes & interventions to assist in the management of patients. Documentation issues & methods of antepartum testing will be included.

FAC: Jeana Forman, MSN, RNC
INFO: https://uihc.org/nursing-continuing-education-schedule
AUD: Licensed Nurses
REG BY: 10/31/2019
FEE: $110.00
CONTACT HOURS: 5.4

11/5/2019; 7:30am - 5:00pm
12/5/2019; 7:30am - 5:00pm
12/6/2019; 7:30am - 5:00pm
Iowa City, IA

Trauma Nursing Core Course 8th Edition Provider Course

SPON: Mercy Hospital Iowa City #87
CONTACT: Dawn Kueny
PHONE: (800) 358-2767
SUMMARY: This intense course will provide standardized training according to the Trauma Nurse Core Course 8th Edition Curriculum.

FAC: TNCC Approved Instructors
INFO: www.mercyiowacity.org
AUD: Registered Nurses and Other Interested Health Care Providers
REG BY: 11/27/2019
FEE: $330.00
CONTACT HOURS: 18.3
INFO: https://cme.dmu.edu/yoga2019

AUD: All Nurses
FEE: $375.00
CONTACT HOURS: 14

11/04/2019; 8:15am - 5:15pm
Des Moines, IA

Basking Babies’ 2019 Conference: Breastfeeding Iowa

SPON: MercyOne Des Moines Medical Center #17
CONTACT: Angela Swieter
PHONE: (515) 643-5321

SUMMARY: Healthcare providers and breastfeeding advocates will learn and discuss the newest evidence based research regarding breastfeeding.
FAC: Jennifer Thompson, DC, CACCP
INFO: bit.ly/BBBIowa19
AUD: Midwives, Nurses, Lactation Consultants, Doulas, Dietitians, etc.
FEE: $95.00
CONTACT HOURS: 6.25

11/14/2019; 8:00am - 4:00pm
Des Moines, IA

Iowa Diabetes + Wellness Summit

SPON: Des Moines University #112
CONTACT: Vanessa Gray
PHONE: (515) 271-1596

SUMMARY: The summit will provide an engaging forum to discuss latest practices, opportunities, resources, and tools for addressing diabetes prevention, control and management. National, state and local experts will share innovative and best practice strategies for reducing the burden of diabetes and empowering patients and their families to live healthier lives.
FAC: Laura Covill, PT, DPT, OCS, PYT and Kathryn Cardamon, PT, MPT, CLT, PYT-C
INFO: https://cme.dmu.edu/Diabetes2019
AUD: All Nurses
FEE: $50.00
CONTACT HOURS: 5.25

11/15/2019; 8:30am - 3:30pm
Des Moines, IA

The Science of Fat and Sugar: Appetite, Eating Disorders, & the Reward System

SPON: Institute for Natural Resources (INR) #288
CONTACT: Deborah Cheung
PHONE: (925) 609-2820

SUMMARY: The seminar “The Science of Fat and Sugar” concentrates on the recent advances in the field of nutrition science and the applicable guidance for nurses and other health care professionals.
FAC: Dr. Laura Pawlak (PhD
INFO: www.inrseminars.com
AUD: RN, LPN, NP
FEE: $83.00
CONTACT HOURS: 6

11/15/2019; 9:00am - 4:00pm
Des Moines, IA

Closing the Divide: Integrating Medical & Dental Health Care

SPON: Des Moines University #112
CONTACT: Vanessa Gray
PHONE: (515) 271-1596

SUMMARY: We know that oral health is critical to overall health; however, the current model for health care is not set up to support collaboration between oral health and primary care. The Institute of Medicine and others have proposed integrating oral health into primary care as a way to expand access to recommended treatments and promote better health overall. This integration is starting to occur through new approaches to training for both dental and medical providers, promotion of team-based care, and development of medical treatments for oral health problems.
FAC: Varies
INFO: https://cme.dmu.edu/ClosingtheDivide-2019
AUD: All Nurses
FEE: $50.00
CONTACT HOURS: 5

12/05/2019; 12:00am - 5:00pm
Des Moines, IA

DMU Research Symposium

SPON: Des Moines University #112
CONTACT: Julie Ledgerwood
PHONE: (515) 271-1596

SUMMARY: Featuring keynote speaker Julie E. Ledgerwood, DO. Dr. Ledgerwood is the Chief of the Clinical Trials Program at the Vaccine Research Center, National Institute of Allergy and Infectious Diseases, which is a division at the NIH. This is the 10-year anniversary of the DMU Research Symposium which aims to recognize research efforts of those
at DMU and in the surrounding medical and scientific community. There is no cost to attend, but registration is requested.

FAC: Julie Ledgerwood

INFO: https://cme.dmu.edu/research2019

AUD: All Nurses

REG BY: 12/05/2019 FEE: $0.00

CONTACT HOURS: 3.5

HOME STUDY

CE SOLUTIONS, A DIVISION OF VGM EDUCATION

1111 West San Marnan Drive
Waterloo, Iowa 50701

CONTACT: Heather Johnson, MHA

TOLL-FREE: (866) 650-3400

EMAIL: info@discovercesolutions.com

IOWA PROVIDER NUMBER: 335

CE Solutions online courses are fast, easy & convenient! To order visit www.discovercesolutions.com & click Buy Online. New courses are in development, with nearly 200 courses currently available for nurses in a variety of settings. MasterCard, American Express, Discover & VISA accepted. Call us today for significant online group discounts for your organization's continuing education needs.

Visit us at www.discovercesolutions.com to purchase. Click Buy Online.

I Active Shooter: What You Can Do

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to present health care professionals with a comprehensive understanding of how to respond in an active shooter situation wherever they are, including a hospital, nursing home, outpatient clinic, or any other health care facility.

FAC: Dorothy de Souza Guedes

AUD: RN, LPN, ARNP

FEE: $11.95

CONTACT HOURS: 1

I Advance Directives & DNRO

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives.

FAC: Denise Warren

AUD: RN, LPN, ARNP

FEE: $11.95

CONTACT HOURS: 1

I Antibiotic Stewardship

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: Health care employees will be able to increase their knowledge of antibiotic use & the benefits of an Antibiotic Stewardship Program to promote the appropriate use of antibiotics, including a system of monitoring to improve resident outcomes & reduce antibiotic resistance.

FAC: Deb Martin, BSN

AUD: RN, LPN, ARNP

FEE: $11.95

CONTACT HOURS: 1

I Antipsychotics & the Elderly

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications & implications of their use in the elderly population.

FAC: Elizabeth Boldon, BSN, MSN

AUD: RN, LPN, ARNP

FEE: $11.95

CONTACT HOURS: 1

I Behavioral Health Services

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to provide education to health care employees who are involved in the care of persons with behavioral health disorders.

FAC: Leanne Anthon, MSN, RN

AUD: RN, LPN, ARNP

FEE: $11.95

CONTACT HOURS: 1
Dealing with Difficult People in Healthcare

**SPON:** CE Solutions, a Division of VGM Education #335  
**CONTACT:** Heather Johnson, MHA  
**PHONE:** (866) 650-3400  
**SUMMARY:** Health care professionals will learn how to identify & respond to conflict & disruptive behaviors among coworkers. Research on the negative consequences of conflict on staff morale & patient care are reviewed. Various strategies to deal with negative situations that are a part of every workplace are explained.  
**FAC:** Judith Orth, RN, CHPN, BSN, MA  
**AUD:** RN, LPN, ARNP  
**FEE:** $23.95  
**CONTACT HOURS:** 2

Dementia Training Module A

**SPON:** CE Solutions, a Division of VGM Education #335  
**CONTACT:** Heather Johnson, MHA  
**PHONE:** (866) 650-3400  
**SUMMARY:** All staff working in the long-term care setting will increase their knowledge & skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Understanding Alzheimer's Disease, Communication, & Behavior Management.  
**FAC:** Kara Finger  
**AUD:** RN, LPN, ARNP  
**FEE:** $39.99  
**CONTACT HOURS:** 4

Dementia Training Module B

**SPON:** CE Solutions, a Division of VGM Education #335  
**CONTACT:** Heather Johnson, MHA  
**PHONE:** (866) 650-3400  
**SUMMARY:** All staff working in the long-term care setting will increase their knowledge & skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Philosophy of Care Family & Staff Issues, Activities for Persons with Dementia, Activities of Daily Living Medication & Nutrition, & Ethical Issues.  
**FAC:** Kara Finger  
**AUD:** RN, LPN, ARNP  
**FEE:** $39.99  
**CONTACT HOURS:** 4

Dying with Dignity

**SPON:** CE Solutions, a Division of VGM Education #335  
**CONTACT:** Heather Johnson, MHA  
**PHONE:** (866) 650-3400  
**SUMMARY:** Healthcare providers will place an emphasis on each terminally ill patient's uniqueness that tends to preserve their sense of dignity.  
**FAC:** Judith Orth, RN, CHPN, BSN, MA  
**AUD:** RN, LPN, ARNP  
**FEE:** $11.95  
**CONTACT HOURS:** 1

Emergency & Disaster Preparedness

**SPON:** CE Solutions, a Division of VGM Education #335  
**CONTACT:** Heather Johnson, MHA  
**PHONE:** (866) 650-3400  
**SUMMARY:** The purpose of this course it o provide the learner with general guidelines to follow during emergency & disaster situations to increase the safety for staff & patients.  
**FAC:** California Department of Public Health (CAHF)  
**AUD:** RN, LPN, ARNP  
**FEE:** $11.95  
**CONTACT HOURS:** 1

Elder Justice Act: What it Means for You

**SPON:** CE Solutions, a Division of VGM Education #335  
**CONTACT:** Heather Johnson, MHA  
**PHONE:** (866) 650-3400  
**SUMMARY:** Healthcare providers will increase their knowledge about the Elder Justice Act of 2010 (EJA) by providing information about its priorities, provisions, & related legal decisions since its enactment in 2010.  
**FAC:** Judith Orth, RN, CHPN, BSN, MA  
**AUD:** RN, LPN, ARNP  
**FEE:** $11.95  
**CONTACT HOURS:** 1
Ethical Principles in Nursing

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: To enhance the nurse's ability to utilize ethical principles in nursing practice.
FAC: Denise Warren, RN, BSN
AUD: RN, LPN, ARNP
FEE: $35.95
CONTACT HOURS: 3

Leadership in Health Care: General Principles

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills.
FAC: Judith Orth, RN, CHPN, BSN, MA
AUD: RN, LPN, ARNP
FEE: $17.95
CONTACT HOURS: 1.5

Infection Control

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: Health care professionals will review & gain knowledge of current & emerging infection control procedures, common health care related infections, & infectious disease outbreaks.
FAC: Mary McGeough, BSN
AUD: RN, LPN, ARNP
FEE: $23.95
CONTACT HOURS: 2

Influenza: The Basics

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: The health care practitioner will enhance her knowledge of this season's influenza & best practices for prevention & transmission of the disease.
FAC: Linda Fisk, RN
INFO:
AUD: RN, LPN, ARNP
FEE: $11.95
CONTACT HOURS: 1

LGBT in Health Care

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: This self-study will help health care staff understand the terminology & basic rights of LGBT seniors in long-term care.
FAC: Heather Johnson, MHA
AUD: RN, LPN, ARNP
FEE: $119.95
CONTACT HOURS: 12

Multi-Drug Resistant Organisms

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered & provide recommendations for preventing their spread.
FAC: Denise Warren
AUD: RN, LPN, ARNP
FEE: $11.95
CONTACT HOURS: 1

Nurse Leadership Certificate Program

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: The nine-part certificate program provides an in-depth understanding of the skills & characteristics necessary to be an effective nurse leader. This series is designed to provide nurses at all levels with practical training that can be put to use in any health care environment.
FAC: Judith Orth, RN, CHPN, BSN, MA
AUD: RN, LPN, ARNP
FEE: $199.95
CONTACT HOURS: 12

Nursing CEUs (100+ HR)

SPON: CE Solutions, a Division of VGM Education #335
CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400
SUMMARY: The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered & provide recommendations for preventing their spread.
FAC: Denise Warren
AUD: RN, LPN, ARNP
FEE: $11.95
CONTACT HOURS: 1
CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care & autoimmune diseases to name just a few.

**FAC:** Mary McGeough, BSN

**AUD:** RN, LPN, ARNP

**FEE:** $33.95

**CONTACT HOURS:** 100

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### Nursing Documentation

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** Nurses will gain knowledge & skills related to the documentation of information in the patient’s medical record.

**FAC:** Mary McGeough, BSN

**AUD:** RN, LPN, ARNP

**FEE:** $17.95

**CONTACT HOURS:** 1.5

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### Pain Management at Life’s End

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this course is to integrate recently published pain management evidence into clinical practice & care for the terminally ill. A case scenario approach to this topic will transpire throughout this course to aid in the discovery & application of more effective ways for health care professionals to assist patients & families in the management of pain at life’s end.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** $23.95

**CONTACT HOURS:** 2

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### Preventing Medication Errors

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this online course is to increase healthcare professionals understanding of & skills for eliminating medical errors.

**FAC:** Mary McGeough, BSN

**AUD:** RN, LPN, ARNP

**FEE:** $11.95

**CONTACT HOURS:** 1

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### Social Media Usage in Health Care

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** In this course intended for nursing staff in the long-term care setting you will learn what is social media, what privacy rights residents have related to social media, & types of possible criminal abuse via social media.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** $11.95

**CONTACT HOURS:** 1

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### Staff Retention: Working Together to Achieve Organizational Success

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** To provide a framework of strategies to create successful organizations through positive, meaningful leadership.

**FAC:** Vicki Parsons, MBA

**AUD:** RN, LPN, ARNP

**FEE:** $11.95

**CONTACT HOURS:** 1

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**CONSULTANTS FOR THE FUTURE**

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**MAIL ORDERS:**

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Long Island City, NY 11101

**EMAIL:** confut@aol.com

**PHONE:** 1-800-654-2387

**WEB:** consultantsforthefuture.com

**IOWA PROVIDER NUMBER:** 61

Courses may be ordered by phone or mail or downloaded from the website.

MasterCard or VISA accepted. All online courses are $6 per hour, all mailed courses are $6 per hour; plus a $10.00 postage & handling fee per mail order.
Alzheimer’s Disease & Related Disorders

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Provides ways to approach problem areas in direct care of those with dementia, with extensive suggestions for effective communication.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $12.00
CONTACT HOURS: 2

Care of Those with Disabilities: Managing Anxious, Aggressive or Combative Behaviors

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $6.00
CONTACT HOURS: 1

Care of the Alzheimer’s Patient

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Presents suggestions & approaches to management of common behaviors & symptoms of dementia that are not drug based.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $6.00
CONTACT HOURS: 1

Cognito Ergo Sum: Creating an Empowered Image

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Teaches how to recognize & create your own internal power by changing the way you think, using the nursing environment as the milieu.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $30.00
CONTACT HOURS: 5

Autism Spectrum Disorder

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Reviews changes in diagnostic terminology, common traits, incidence, possible causes & therapies/approaches to help a person function in an outer world that differs from inner experiences.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $18.00
CONTACT HOURS: 3

End of Life: Palliative & Hospice Care

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: This course discusses the controversies of end of life care, & presents approaches to meet psychological & physical needs encountered in the dying patient, while empowering the patient.
FAC: Linda Greenfield, RN, PhD
AUD: RNs, LPNs
FEE: $18.00
CONTACT HOURS: 3

Forgiveness: A Fundamental Health Concept

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Incorporates strategies from both mental health & body-based therapies to approach
forgiveness as a way to reduce stress-induced physical & mental/emotional disease states.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $30.00
**CONTACT HOURS:** 5

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**Good Grief: Providing Light to Those in Emotional Pain**

**SPON:** Consultants for the Future #61
**CONTACT:** Linda Greenfield
**PHONE:** (800) 654-2387
**SUMMARY:** Fosters the nurse’s ability to listen, console & nurture those involved in loss & changing personal identity, using specific, guided techniques.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $30.00
**CONTACT HOURS:** 5

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**HIV/AIDS: A Comprehensive Course**

**SPON:** Consultants for the Future #61
**CONTACT:** Linda Greenfield
**PHONE:** (800) 654-2387
**SUMMARY:** Provides detailed examination of pathology, transmission, signs & symptoms, prevention, precautions & treatment of HIV.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $24.00
**CONTACT HOURS:** 4

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**Impact of Sleep on Health & Disease**

**SPON:** Consultants for the Future #61
**CONTACT:** Linda Greenfield
**PHONE:** (800) 654-2387
**SUMMARY:** Examines how, why & what happens when we do or don’t sleep, with interventions provided.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $30.00
**CONTACT HOURS:** 5

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**Intuition in Healthcare: Fostering a Safer, More Therapeutic Process**

**SPON:** Consultants for the Future #61
**CONTACT:** Linda Greenfield
**PHONE:** (800) 654-2387
**SUMMARY:** Examines physiologic explanations for intuition & become aware of how to facilitate accessing non-conscious information with greater accuracy & safety.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $30.00
**CONTACT HOURS:** 5

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**Mindful Care: Using Positive Thoughts & Emotions as a Catalyst to Healing**

**SPON:** Consultants for the Future #61
**CONTACT:** Linda Greenfield
**PHONE:** (800) 654-2387
**SUMMARY:** Examines body/mind connection, exploring chemistry that links immune system function to ways we think & feel, & teaching more positive thinking patterns & ways to deal with negative emotions.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $30.00
**CONTACT HOURS:** 5

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**Stroke**

**SPON:** Consultants for the Future #61
**CONTACT:** Linda Greenfield
**PHONE:** (800) 654-2387
**SUMMARY:** Studies pathology of various kinds & locations of strokes, the related symptoms & approaches to acute & rehabilitative care.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $30.00
**CONTACT HOURS:** 5

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**Stuck in a Rut: Helping Patients & Clients change Habits that are Interfering with Recovery**

**SPON:** Consultants for the Future #61
**CONTACT:** Linda Greenfield
**PHONE:** (800) 654-2387
**SUMMARY:** Examines anatomy & physiology of habits, teaches necessary factors to change old habits or form new habits & applies information to motor habits, mental & emotional habits, health habits, language habits & other with consideration to diseases that have significant habit connections.

**FAC:** Linda Greenfield, RN, PhD
**AUD:** RNs & LPNs
**FEE:** $18.00
**CONTACT HOURS:** 3
Supporting a Habit Change

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Teaches how to build approaches to recreate habit changes that stick.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $24.00
CONTACT HOURS: 4

The Prevention of Medical Errors

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-1287
SUMMARY: Informs nurses of growing national concern over the alarmingly high numbers of errors & provides information to increase patient safety, guidance for reporting & suggestions for systems monitoring.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $12.00
CONTACT HOURS: 2

Talking With the Docs: Effective Nurse-Physician Communication

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Designed to help you increase your power & effectiveness when communicating with physicians in difficult situations.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $24.00
CONTACT HOURS: 4

The Patient in Pain: Why Are We Managing Pain & Not Healing It?

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Physiology of acute & chronic pain perception, factors of pain reaction, attitudes toward the patient in pain that may hinder therapy, effective use of medication & use of non-invasive & alternative pain therapies.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $36.00
CONTACT HOURS: 6

DMU Grand Rounds

SPON: Des Moines University #112
CONTACT: Vanessa Gray
PHONE: (515) 271-1596
SUMMARY: DMU Grand Rounds is held on the first Thursday of the month from 7-8 am. Attend live on-site or online via GoToWebinar; there is no cost to participate. Topics vary & will be posted as they become available. Visit the course catalog & filter topics by “DMU Grand Rounds” & credit type by “IBON” to see upcoming activities.
INFO: https://cme.dmu.edu/courses/
AUD: All Nurses
FEE: $0.00
CONTACT HOURS: 1

Working the Numbers: Nursing Interpretation of Laboratory Tests

SPON: Consultants for the Future #61
CONTACT: Linda Greenfield
PHONE: (800) 654-2387
SUMMARY: Examines nursing interpretation of CBC, hematologic studies, iron studies, UA, electrolyte survey, kidney function studies & liver function studies.
FAC: Linda Greenfield, RN, PhD
AUD: RNs & LPNs
FEE: $24.00
CONTACT HOURS: 4

Online Enduring Materials

SPON: Des Moines University #112
CONTACT: Vanessa Gray
PHONE: (515) 271-1596
SUMMARY: Des Moines University offers online enduring continuing education opportunities for nurses. Visit the Course catalog & select the “IBON” credit type for more information.
INFO: https://cme.dmu.edu/courses/
AUD: All Nurses
FEE: Varies
CONTACT HOURS: Varies

Online Enduring Materials

SPON: Des Moines University #112
CONTACT: Vanessa Gray
PHONE: (515) 271-1596
SUMMARY: Des Moines University offers online enduring continuing education opportunities for nurses. Visit the Course catalog & select the “IBON” credit type for more information.
INFO: https://cme.dmu.edu/courses/
AUD: All Nurses
FEE: $20.00
CONTACT HOURS: 1

QUALITY MANAGEMENT CONSULTANTS, INC.
CONTACT: Mary Krieg, RN, PhD., President
ALL COURSE INFO: https://goo.gl/7cSzF3
Also see individual link for each course.
PHONE: (515) 255-2576
IOWA PROVIDER NUMBER: 353

Opioid Addiction & Overdose - Community Epidemic

SPON: Quality Management Consultants, Inc #353
CONTACT: Mary Krieg
PHONE: (515) 255-2576
SUMMARY: Discuss the epidemic of opioid addiction & overdose in our communities, why this is taking place, & the steps communities can take when faced with this growing crisis.
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $29.00
CONTACT HOURS: 5

Critical Thinking - Improve Your Skills

SPON: Quality Management Consultants, Inc. #353
CONTACT: Mary Krieg
PHONE: (515) 255-2576
SUMMARY: Improve your critical thinking skills in your nursing practice as well as your daily life.
INFO: goo.gl/2KnDo
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $20.00
CONTACT HOURS: 4

Grief - Healing From Loss

SPON: Quality Management Consultants, Inc. #353
CONTACT: Mary Krieg
PHONE: (515) 255-2576
SUMMARY: Grief can take healthy & unhealthy forms, & this course will help you cope with your grief, as well as your patients’ in a healthy & constructive way.
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $10.00
CONTACT HOURS: 2

Mental Health & Substance Abuse Emergencies in the Community

SPON: Quality Management Consultants, Inc. #353
CONTACT: Mary Krieg
PHONE: (515) 225-2576
SUMMARY: Develop an understanding of these challenging situations, & discuss the appropriate response.
FAC: Dr. Mary Krieg
AUD: RNs, LPNs, ARNPs
FEE: $0.00
CONTACT HOURS: 0
Nursing Leadership on Non-Profit & Health Care Boards

SPON: Quality Management Consultants, Inc. #353
CONTACT: Dr. Mary Krieg
PHONE: (515) 255-2576
SUMMARY: Explore the opportunities for Board leadership in your community.
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $10.00
CONTACT HOURS: 2

Positive Psychology

SPON: Quality Management Consultants, Inc. #353
CONTACT: Mary Krieg
PHONE: (515) 255-2576
SUMMARY: A brief overview of the new field of scientific study of human happiness & flourishing, with an applied approach to optimal functioning that enables individuals, families, communities & organizations to thrive.
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $25.00
CONTACT HOURS: 5

The Effective Patient Advocate

SPON: Quality Management Consultants, Inc. #353
CONTACT: Mary Krieg
PHONE: (515) 255-2576
SUMMARY: Realize your dream of becoming an independent practitioner advocating for the benefit of your patients.
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $20.00
CONTACT HOURS: 4

Trauma Informed Care

SPON: Quality Management Consultants, Inc. #353
CONTACT: Mary Krieg
PHONE: (515) 255-2576
SUMMARY: Learn how traumatic experiences, especially in early childhood, can contribute to mental health & substance use issues as well as chronic physical health conditions.
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $29.00
CONTACT HOURS: 5

The Affordable Care Act

SPON: Quality Management Consultants, Inc. #353
CONTACT: Mary Krieg
PHONE: (515) 255-2576
SUMMARY: This course provides an analysis of the Affordable Care Act & all its provisions, as well as what you need to know to get care for you & your family.
FAC: Dr. Mary Krieg
INFO: qualitymanagementconsultants.com
AUD: RNs, LPNs, ARNPs
FEE: $20.00
CONTACT HOURS: 4

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These activities have been submitted to the Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
“Mommy, I Can’t Breathe!”
Enterovirus D-68

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** Healthcare personnel will increase their understanding of non-polio enteroviruses, including the enterovirus D68 (EV-D68), which appears to be the pathogen that caused mild to life-threatening illness & deaths in children in multiple states.  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $4.00  
**CONTACT HOURS:** 2

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**About Influenza**

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** Nurses will discuss influenza, including exposure, signs & symptoms, transmission, diagnosis, treatment options & prevention as well as identify high risk persons for complications of influenza.  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $5.00  
**CONTACT HOURS:** 2

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**About Measles (Rubella)**

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** Nurses will discuss measles disease, including signs & symptoms, transmission, complications, patient/parent teaching, & vaccination protocol for the disease.  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $5.00  
**CONTACT HOURS:** 2

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**About Postural Orthostatic Tachycardia Syndrome (POTS)**

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** : Health care personnel will identify the symptoms of postural orthostatic tachycardia syndrome (POTS) & how it is diagnosed & treated.  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $5.00  
**CONTACT HOURS:** 2

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**Anxiety Disorders in Adults & Children**

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** Anxiety disorders can be debilitating for both adults & children. The nurse will enhance her understanding of types of anxiety disorders that affect the individual & the different modalities used to treat them.  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $5.00  
**CONTACT HOURS:** 2

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**Aortic Aneurysm: A Silent Killer**

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** Health care personnel will enhance their knowledge of aortic aneurysms, including thoracic aortic aneurysms (TAA) & abdominal aortic aneurysms (AAA).  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $5.00  
**CONTACT HOURS:** 2

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**Bumpety-Bump: Diagnosis Mumps**

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** Healthcare personnel will enhance their understanding of mumps.  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $5.00  
**CONTACT HOURS:** 2

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**Heart Palpitations - A Cause for Concern?**

**SPON:** Words Matter Nurses #375  
**CONTACT:** Linda Fisk, RN  
**PHONE:** (855) 227-6784  
**SUMMARY:** : Health care personnel will enhance their knowledge of heart palpitations, both those that are benign & those that may indicate a more serious health issue.  
**FAC:** Linda Fisk, RN  
**AUD:** RNs, LPNs  
**FEE:** $5.00  
**CONTACT HOURS:** 2
Hepatitis A: A New Epidemic?
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Nurses will discuss hepatitis A & explain how the disease is transmitted, who is at risk for the disease, signs & symptoms of illness, prevention of hepatitis A, & vaccination guidelines.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

Opioids - Friend or Foe? (Part I)
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Health care personnel will discuss pain & how medical response has lead in some cases to over-prescribing. Street drugs are another part of the opioid crisis, both issues contributing to ninety-one deaths from drug overdose every day in the United States.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

Opioids - Friend or Foe? (Part II)
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Healthcare professionals will discuss the opioid crisis & become familiar with the program developed by CDC to respond to the crisis.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

PANDAS/PANS Neuropsychiatric Disorders in Children
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Nurses will recognize the signs/symptoms of PANDAS/PANS in children following a strep infection.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

Stowaways! Diseases That are Sneaking Across the U.S. Border
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Health care personnel will be introduced to diseases that may accompany immigrant/refugee children & families to the U.S.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

The Aged: Dying From Loneliness?
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Nurses will study the effects of loss & grief on the elderly population.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

When Spiders Bite
SUMMARY: Recognize the signs & symptoms of a spider bite, & care & treatment for the wound.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

Zika Virus: What You Need to Know
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Healthcare personnel will enhance their understanding of Zika virus.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

Sexually Transmitted Diseases (STDs) are on the Rise: What Nurses Need to Know
SPON: Words Matter Nurses #375
CONTACT: Linda Fisk, RN
PHONE: (855) 227-6784
SUMMARY: Nurses will be able to identify the signs/symptoms for various STDs, treatment, & follow-up.
FAC: Linda Fisk, RN
AUD: RNs, LPNs
FEE: $5.00
CONTACT HOURS: 2

28th Annual IANCE Conference
Iowa Association for Nursing Continuing Education Presents:
Adapting Education for the Diverse Audience
Friday, November 22, 2019

TIME:
Registration Begins: 7:30 AM - Conference: 8:00 AM - 3:30 PM

LOCATION:
UnityPoint Health - Des Moines
Education and Research Center - Thompson Auditorium
1415 Woodland Avenue, Des Moines, IA 50309

PURPOSE:
Enhance education development skills in nursing professional development specialists to reflect the needs of diverse learners.

OUTCOME:
Nurse educators will be able to identify a change in their practice related to the development and implementation of education that meets the needs of diverse learners and is culturally appropriate.

MORE INFO AND REGISTRATION:
https://centerforconferences.uiowa.edu/annual-iance-conference-adapting-education-diverse-learner
IOWA ASSOCIATION FOR NURSING CONTINUING EDUCATION (IANCE)

Promoting quality continuing education for nurses in Iowa and fostering professional growth and understanding among Iowa nursing continuing education providers. Experience the benefits of being an IANCE member:

ACQUIRE new knowledge from the Provider Focus members-only newsletter

COMMUNICATE with Iowa providers through the IANCE list-serve

INCREASE expertise and gain information at the annual conference and business meeting

ADVERTISE your upcoming continuing education conference events on the website

TAKE advantage of professional development funds

JOIN IANCE NOW! Our members help shape the future of nursing continuing education in Iowa. To learn more, visit www.iance.org.

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The Nurses on Boards Coalition (NOBC) represents national and state efforts by nurses and others working to build healthier communities in America. Our goal is to improve the health of communities and the nation through the service of nurses on boards and other bodies. The key strategy of the NOBC is to increase nurses’ presence and influence on corporate, health-related, and other boards, panels, and commissions. The Coalition’s intent is to ensure that at least 10,000 nurses are on boards by 2020, as well as raise awareness that all boards would benefit from the unique perspective of nurses to achieve the goals of improved health and efficient and effective health care systems at the local, state, and national levels.

Please visit www.nursesonboardscoalition.org to:

• Be Counted: Register your current board service or interest in serving
• Access Resources: Materials and tools to help prepare and support nurses on boards
• Share Your Story: Complete “The Reason I Serve” Survey

Thank you for your nursing leadership and all you serve!
Are you looking for a **quick, easy, secure and FREE** way to keep on top of your nurse licensure status?

In just a few minutes, you can self-enroll into **Nursys e-Notify®** and receive licensure status updates, track license verifications for endorsement and create and manage multiple license expiration reminders. Keeping on top of your license status can help you prevent fraudulent licenses or certificates being issued in your name.

**Nursys E-NOTIFY®**

Powered by the U.S. boards of nursing, Nursys e-Notify is the National Council of State Boards of Nursing database. It is the only national database for licensure verification of registered nurses (RNs), licensed practical/vocational nurses (LPN/VNs) and advanced practice registered nurses (APRNs).

Nursys is live and dynamic, and all updates to the system are pushed directly from participating boards of nursing (BON) databases through frequent, secured data updates.

This innovative nurse licensure notification system was previously only available to institutions that employ nurses but is now available free of charge to you.

**Creating an account is quick and easy. Enroll at** [www.nursys.com/e-notify](http://www.nursys.com/e-notify) **and select “As a Nurse” to complete the registration process.**

NLC NURSE & EMPLOYER WEBINARS

Learn More About the NLC!

Registration is available at: ncsbn.org/nlcmeetings

NLC WEBINAR PRESENTATIONS

Jim Puente (MS, MJ, CAE), Director, Nurse Licensure Compact will lead a series of brief webinars during which he will:

- Provide an overview of the Nurse Licensure Compact.
- Provide an update regarding the status of pending legislation in various states.
- Explain Nursys®, the national nurse licensure database and E-Notify®.
- Understand requirements when changing primary state of residence.
- Answer questions!

MARK YOUR CALENDARS & REGISTER!

WEBINAR DATE & TIME

November 15, 2019

All webinars begin at 2 pm CT and will last 30-60 minutes.
WHAT IS SAFE AT HOME?
Safe at Home (SAH) is an address confidentiality program. This program helps survivors improve their lives with the following services:

SUBSTITUTE ADDRESS
SAH will assign participants a substitute address. This address can be used with any city, county, and state offices, as well as with private organizations that require a mailing address. Your physical address will not appear in public records.

MAIL FORWARDING SERVICE
First-class, legal, and certified mail, as well as packages of prescriptions, will be securely handled and forwarded to the participant’s confidential address.

CONFIDENTIAL VOTER REGISTRATION
Participants can register to vote and not be listed on the public voter registration list.

WHO IS ELIGIBLE FOR SAFE AT HOME?
SAFE AT HOME MAY BE THE RIGHT FIT IF:
• You are a survivor of domestic violence, sexual assault, trafficking, stalking, or violent crimes.
• Your address is or will be unknown to your abuser or offender.

SAFE AT HOME IS NOT
• A witness protection program.
• Capable of shielding you from legal obligations, such as custody disputes.
• Able to hide your address from real estate records, such as the purchase of a home or office space. However, renters’ addresses will be protected.

HOW DO I APPLY FOR SAFE AT HOME?
STEP 1 Contact an advocate program or the Secretary of State’s office for more information:
SafeAtHome@Iowa.gov
515-281-0145

STEP 2 Complete an enrollment form and return it to the Secretary of State’s office at:
Safe at Home
321 East 12th Street
Des Moines, IA 50319

STEP 3 If certified, you will be notified by the Secretary of State’s staff and you will receive a participant’s packet.

STEP 4 Notify everyone of your new Safe at Home address.
