# PMP & PRESCRIBING CHEAT SHEET – Iowa Board of Nursing

## PRESCRIBING
To issue a prescription to a patient, which gets dispensed at a pharmacy.

<table>
<thead>
<tr>
<th>OPIOIDS</th>
<th>CONTROLLED SUBSTANCES</th>
<th>ALL PRESCRIPTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>✔️</td>
<td>✗</td>
<td>✗</td>
</tr>
</tbody>
</table>

**REQUIRED PMP QUERY PRIOR TO PRESCRIBING**

**E-PRESCRIBING REQUIRED**
Effective 01/01/2020. See Iowa Code sections 124.308 and 155A.27.

## DISPENSING
To provide a prescription drug to a patient for self-use outside of the provider’s practice location.

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**REQUIRED PMP QUERY PRIOR TO DISPENSING**

**REPORT TO PMP WITHIN ONE (1) BUSINESS DAY**

## ADMINISTERING
To provide or apply a prescription drug for immediate use within the provider’s practice location.

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**PMP query not required prior to administering**

*The PMP query is required when the ARNP is practicing in Iowa. This includes treating patients at an Iowa practice location, as well as follow-up care that may occur telephonically, and treating patients located in Iowa using telehealth. An ARNP with a patient who resides in another state is strongly encouraged to query the patient’s state of residence, if available, or to query that state’s PMP, if registered to do so. Any ARNP who is in a border-state community is strongly encouraged to check the box to query the border state if that option is available.

An ARNP can delegate the PMP query to another licensed or registered individual(s). Each delegate must have their own log-in credentials with the PMP.