PATIENT CONFIDENTIALITY: A growing enforcement concern

Read about the LPN SUPERVISORY COURSE CHANGES

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MEMBERS OF THE IOWA BOARD OF NURSING

May 1, 2018 - April 30, 2019

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BOARD MEETINGS

OCTOBER 3, 4, 5, 2018 (SEPTEMBER 5, 2018)
JANUARY 9, 10, 11, 2019 (DECEMBER 12, 2018)
APRIL 3, 4, 5, 2019 (MARCH 6, 2019)

AGENDA AND MINUTES ON THE WEB

All Board and Committee agendas are on our website. Agendas are posted at least 24 hours in advance of a meeting. Previous agendas will remain posted until replaced by the current agendas. Board and Committee minutes are posted at our website approximately three (3) months following the meetings.

You can locate our Agendas and Minutes at our website, nursing.iowa.gov, under “About the Board.”

You may subscribe to email notification of the first posting of a meeting or conference call agenda by sending a blank email to: ibon.helpdesk@iowa.gov.

Requests for establishment of new schools, requests for major curriculum change, other special requests, and regular business will be considered at each meeting. Materials must be received in the board office four (4) weeks prior to a scheduled board meeting. For your convenience, behind each board meeting date is the deadline for receipt of materials.
On January 19, 2018, the Enhanced Nurse Licensure Compact (eNLC) was implemented. Iowa had previously been a part of the original Nurse Licensure Compact (NLC) for many years, therefore the transition has been seamless for most Iowa nurses.

As a member of the eNLC, I believe it is a good idea to be informed about how the compact works and what it offers to you as an Iowa nurse.

**WHAT YOU NEED TO KNOW:**

- The eNLC is very similar to the original NLC.
- A nurse is issued a license in the state in which they reside, their primary state of residency; for example, where they own a home, have a driver’s license, are registered to vote, pay taxes, where they live.
- Any nurse who needs to practice in a variety of states benefits significantly from a multistate license; for example, military spouses, telehealth nurses, case managers, nurse executives, nurses living on borders, nurse engaged in remote patient monitoring, school nurses, travel nurses, call center nurses, online nursing faculty, home health nurses, nurses doing follow up care and countless more.
- States that are members of the eNLC will issue multistate licenses that allow you to practice physically, electronically and/or telephonically across a state border to patients located in other states that are members of the eNLC.
- A multistate license is issued if you have met the uniform licensing requirements (ULR):
  - Meet the requirements for licensure in the home state (state of residency)
  - Have graduated from a board-approved education program
  - Have passed an NCLEX-RN® or NCLEX-PN® Examination or predecessor exam
  - Are eligible for or holds an active, unencumbered license (i.e., without active discipline)
  - Have submitted to state and federal fingerprint-based criminal background checks
  - Have no state or federal felony convictions
  - Have no misdemeanor convictions related to the practice of nursing (determined on a case-by-case basis)
  - Are not currently a participant in an alternative program
  - Are required to self-disclose current participation in an alternative program
  - Have a valid United States Social Security number
- A single state license is issued if you do not meet one or more of the ULRs.
- A single state license allows you to practice in Iowa, not in other compact states.
- Check on-line to verify if you have a multistate license or a single-state license through IBON On-line Services which can be accessed through the Iowa Board of Nursing website at nursing.iowa.gov.
- Enroll in NURSYS – E-NOTIFY, besides providing licensure verification, licensure expiration and disciplinary actions, E-NOTIFY will notify you about nurse licensure status including multistate and single-state changes within the eNLC. Enroll at nursy.com
- For more information on the compact go to the National Council of State Boards of Nursing’s website ncsbn.org/enlc
- Read the Iowa Board of Nursing (IBON) newsletter for compact information and visit the IBON website for up to date compact information.

For nurses who practice nursing in other compact states the eNLC provides portability, mobility, and it eliminates the expense and often time-consuming process of individual licenses. The eNLC is a win-win situation for nurses, employers and state Boards of Nursing!
A growing area of discipline for the Board in recent years has been associated with patient privacy and social media. The enforcement division is now investigating more cases than ever in which a nurse looks up a patient’s private health information without a valid reason to do so. Many of these cases involved looking at the records of a former significant other or their family members, with a social media posting, gossip, or telling someone else often following the breach of privacy. Nearly as often, curiosity is the reason offered for looking at random patient records. The Board often addresses these cases with permanent public discipline for the nurse. The employer almost always responds by termination of employment, and in some cases civil lawsuits have been filed. Pursuant to Iowa Code section 147.55 (3) and 655 Iowa Administrative Code 4.6 (4) h. this is a violation of the confidentiality or privacy rights of the patient or client.

Today, technology tracks so much of what we do when we are engaged with it, whether we give it permission to or not. The technology used by many health facilities can track patient records’ entry with ease. The Health Insurance Portability and Accountability Act (HIPAA) was passed in 1996 to improve the use of health insurance. In 2003, the “privacy rule” provision of the act went into effect with the purpose of protecting patient confidentiality from abuse. Many health facilities that have tracking software perform routine audits for HIPAA compliance. Many of the complaints our office receives on this arise from such audits.

Poor judgment with social media has also caused a growing number of licensees to receive discipline in recent years. Because nurses often get to know their patients from day to day contact, the potential to connect with one another on social media is always present. Though it may be well intentioned, it is a violation of nursing boundaries to either accept or extend an invitation to a patient on Facebook or other social media platform. Maintaining appropriate boundaries allows for a nurse-patient relationship that is based on the patient’s needs. It is the nurse’s responsibility to maintain the patient-provider relationship and not let these boundaries be crossed.

There have been 68 investigations on patient confidentiality violations since 2012. Nurses have exchanged phone numbers with patients leading to texting, photos, and complicated relationships among two parties who should have remained in their respective roles as patient and care giver. In one case the nurse was discussing her patients on a social media forum but believed because she didn’t mention their names she was not violating their rights. However, others who worked with her could recognize who she was posting about from her entries and she was disciplined. In another case a nurse posted Facebook rants about their workplace inefficiency, questioned the competency of those they worked with, and commented about a patient. Being friendly with your patients is encouraged, but it is up to you to keep your patients separated from your friends and family, and to not share social media connections with them. Posting comments about patients, or photos of them violates their confidentiality, whether or not they approve of the postings.

It is the nurse’s responsibility to only access patient records in which they have a valid medical need to do so, as well as the responsibility to maintain the patient-nurse boundaries in all areas, including social media. There are a number of helpful educational resources for those seeking more information including webinars and pamphlets from the National Council of State Boards of Nursing (NCSBN) and investigators from the Board who are willing to come speak to your students or employees on this topic. To request an investigator speak to a group contact me at 515-281-6400 or by e-mail at doug.bartels@iowa.gov. You may also call the Board office to discuss potential concerns regarding these matters.
Who Runs INAP?

The Iowa Nurse Assistance Program (INAP) is authorized by the Iowa Board of Nursing to assist nurses in the early identification and treatment of impairment and illness.

INAP is managed by a committee who works with the program coordinator. Committee members include the director of the Iowa Board of Nursing, substance and mental health professionals, nurses recovering from addiction, and a public member.

Who may be eligible for the program?

- Nurses who voluntarily report themselves
- Nurses with any physical or mental condition affecting their practice
- Nurses who use alcohol or drugs to the extent their practice is affected

Referrals may come from:

- Self-referral
- Board referral
- Licensure department
- Enforcement
- Employer complaints

Why?

Impairment can cost your job and license.

INAP Serves Nurses:

- Consultation upon entering program
- Early intervention and treatment referrals to local support services
- Ongoing monitoring and support as an effective alternative to discipline

INAP Serves the Public:

- Public protection through close monitoring to ensure safe practice
- Coordination with employers to assure patient safety and a smooth transition back to nursing practice

Who? What? Why?

THE IOWA NURSE ASSISTANCE PROGRAM CAN HELP

What is the Iowa Nurse Assistance Program (INAP)?

INAP is a new resource for individual nurses who are impaired as a result of alcohol or drug use, dependency, addiction, or by any mental or physical condition.

It is a voluntary, confidential program and provides an opportunity for licensed professionals to receive proper treatment and maintain their professional status, while protecting the safety of the public.

Are programs like this successful?

Yes! Similar programs to INAP currently in practice show that an appropriate combination of treatment and support effectively help participants manage their impairment or condition.

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- Nurses with any physical or mental condition affecting their practice
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- Self-referral
- Board referral
- Licensure department
- Enforcement
- Employer complaints

Contact Us:

Iowa Nurse Assistance Program
400 SW 8th Street, Suite B
Des Moines, Iowa 50309

Email: INAP@iowa.gov
Phone: 515-725-4008
Fax: 515-725-4017
Web: nursing.iowa.gov

The first meeting of the Loan Forgiveness and Scholarship Workgroup was on Friday, February 16, 2018, at the Iowa Board of Nursing (IBON) office. Members of this workgroup included: Kathy Weinberg, Executive Director; Board staff: Laura Hudson, Jimmy Reyes, Margaret Armagost, and Maggie Schwarck; Board members: Gwen Suntken, and BJ Hoffman. Kendra Williams-Perez, Allen College director; Iowa Nurses Association (INA) representatives, Jann Ricklefs, and Lisa Caffery; INA/Iowa Nurses Foundation (INF) representative, Lorinda Inman; and assistant attorneys general, Laura Steffensmeier and Alan Nagel.

During this meeting the following topics were discussed: Workforce patterns and trends, Iowa College Student Aid Commission’s role in the distribution of funds for the loan forgiveness program, IBON revenue, expenditures, and rollovers, and rules and regulations on scholarships from five states. In addition, the workgroup discussed the importance of developing a survey to request the perspectives from Iowa nurses on the use of IBON funds for scholarships and loan forgiveness. The following questions were used in the survey:

• Demographic questions
• Are you in favor of the Board using its money to provide scholarships for nursing students?
• Are you in favor of the Board using its money to provide loan forgiveness for licensed nurses?
• How should the Board fund a scholarship and/or loan forgiveness program?

Board staff developed and implemented the survey based on workgroup member feedback and it was transmitted to licensees on Friday, March 9, 2018, and again on Thursday, May 3, 2018. Methodology, sample size, results and interpretation of findings were summarized.

The results and interpretation of findings were discussed during a second workgroup meeting held on June 15, 2018, at the IBON office. Mr. Todd Brown from the Iowa College Student Aid Commission was an invited guest and provided an overview of the Nurse Educator Loan Forgiveness program (now called the Health Care Loan Repayment Program) which will be in effect as of July 2018. The Board will discuss the survey findings at their board meeting on July 11, 2018.
The Iowa Board of Nursing requests that licensees and the public use the board web site [nursing.iowa.gov](http://nursing.iowa.gov) for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

<table>
<thead>
<tr>
<th>QUESTIONS ABOUT</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Name/address changes</td>
<td><img src="" alt="281-4826" /> <a href="mailto:ibon@iowa.gov">ibon@iowa.gov</a></td>
</tr>
<tr>
<td>• Request application for license renewal, reactivation, endorsement, or exam</td>
<td><img src="" alt="281-3264" /> <a href="mailto:ibon.renewal@iowa.gov">ibon.renewal@iowa.gov</a></td>
</tr>
<tr>
<td>• Inactive status</td>
<td><img src="" alt="281-6488" /> <a href="mailto:newnurs@iowa.gov">newnurs@iowa.gov</a></td>
</tr>
<tr>
<td>• Your license renewal or reactivation in process</td>
<td><img src="" alt="281-4827" /> <a href="mailto:endorse@iowa.gov">endorse@iowa.gov</a></td>
</tr>
<tr>
<td>• Lost/stolen licenses</td>
<td><img src="" alt="281-8258" /> <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></td>
</tr>
<tr>
<td>• License Verification</td>
<td><img src="" alt="281-4827" /> <a href="mailto:endorse@iowa.gov">endorse@iowa.gov</a></td>
</tr>
<tr>
<td>• Your license by examination in process</td>
<td><img src="" alt="281-8258" /> <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></td>
</tr>
<tr>
<td>• Initial ARNP application</td>
<td><img src="" alt="281-4827" /> <a href="mailto:endorse@iowa.gov">endorse@iowa.gov</a></td>
</tr>
<tr>
<td>• Your ARNP application in process</td>
<td><img src="" alt="281-8258" /> <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></td>
</tr>
<tr>
<td>• Your license by endorsement in process</td>
<td><img src="" alt="281-4827" /> <a href="mailto:endorse@iowa.gov">endorse@iowa.gov</a></td>
</tr>
<tr>
<td>• Your ARNP renewal in process</td>
<td><img src="" alt="281-8258" /> <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></td>
</tr>
<tr>
<td>• Continuing Education rules</td>
<td><img src="" alt="201-2509" /> <a href="mailto:laura.hudson@iowa.gov">laura.hudson@iowa.gov</a></td>
</tr>
<tr>
<td>• Continuing Education provider rules</td>
<td><img src="" alt="281-8258" /> <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></td>
</tr>
<tr>
<td>• Special approval of Continuing Education courses</td>
<td><img src="" alt="281-8258" /> <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></td>
</tr>
<tr>
<td>• Audits</td>
<td><img src="" alt="281-6472" /> <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></td>
</tr>
<tr>
<td>• Disciplinary issues</td>
<td><img src="" alt="281-6472" /> <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></td>
</tr>
<tr>
<td>• Sanctioned cases</td>
<td><img src="" alt="281-6472" /> <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></td>
</tr>
<tr>
<td>• Editor, Iowa Board of Nursing newsletter</td>
<td><img src="" alt="281-6472" /> <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></td>
</tr>
<tr>
<td>• Website content</td>
<td><img src="" alt="281-6472" /> <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></td>
</tr>
<tr>
<td>• Scope of nursing practice in Iowa</td>
<td><img src="" alt="326-4400" /> <a href="mailto:nursingpractice@iowa.gov">nursingpractice@iowa.gov</a></td>
</tr>
<tr>
<td>• Formal nursing education in Iowa</td>
<td><img src="" alt="326-4400" /> <a href="mailto:nursingeducation@iowa.gov">nursingeducation@iowa.gov</a></td>
</tr>
<tr>
<td>• Nurse Licensure Compact Agreement (Multi-state license)</td>
<td><img src="" alt="281-3255" /> <a href="mailto:ibon.helpdesk@iowa.gov">ibon.helpdesk@iowa.gov</a></td>
</tr>
<tr>
<td>• NCLEX accommodations</td>
<td><img src="" alt="281-3255" /> <a href="mailto:ibon.helpdesk@iowa.gov">ibon.helpdesk@iowa.gov</a></td>
</tr>
<tr>
<td>• Foreign applicants for licensure</td>
<td><img src="" alt="281-3255" /> <a href="mailto:ibon.helpdesk@iowa.gov">ibon.helpdesk@iowa.gov</a></td>
</tr>
<tr>
<td>• Alternative to Discipline Program (Iowa Nurse Assistance Program)</td>
<td><img src="" alt="725-4008" /> <a href="mailto:inap@iowa.gov">inap@iowa.gov</a></td>
</tr>
</tbody>
</table>
WEBSITE UPDATE

The Iowa Board of Nursing, on May 1, 2018, launched their updated website, along with publishing a Facebook page. In addition to new headings and improved contrast and font size, the information has been rearranged for easy access from mobile devices. The new site also has drop-down boxes along the main tabs for easier access to information with a simple click on a topic. Additionally, the Board added an important section on Opioid Awareness for licensees to stay current on the efforts to fight the national opioid epidemic. Check out the site at nursing.iowa.gov.

Follow the Board on Facebook by liking our page at www.facebook.com/IABoardofNursing/. Find us on Twitter with the name @IABdofNursing.

The Iowa Board of Nursing highly recommends that all applicants complete their applications online on our website. By doing so it will decrease the time to process your application and eliminate potential errors caused by illegible handwriting.

Please apply at nursing.iowa.gov and select IBON Online Services. If it is the first time that you have used IBON Online Services, you will need to create an account with a user name and password that you will use every time you utilize this service. It is important that you keep your user id and password in a place where you can easily retrieve it.
Creating an Online User Account

If you have ever done business online with any state agency (such as for college aid), you would use the same account id that you have already created. Otherwise, all license related processes begin with user registration, including updating contact, employment or educational information. Secured Access and ordering a roster also require the visitor to register.

The main menu displays the following option:

If you click on “Create a New Account,” you will be taken directly to the registration page and tab that you need in order to register:

This registration site is maintained by the state’s technology division as a global login for the entire state enterprise.

Enter your first and last name:

The registration automatically combines first and last names into a suggested user i.d., and appends “@iowaid.” If the first name/last name combination already exists, the i.d. field will appear blank, and you will need to create your own account i.d. In either case, anything can be substituted ahead of the “@”, but the i.d. that is created is permanent so it will need to be memorable.

Enter your email address twice in the screen pictured above, and click “Save Account Details.” A popup box gives a final caution.

The registration is complete, and the user is taken to the screen where they can actually log in. Note that the above registration process should only be required once. Thereafter, the licensee would use the existing account.

Also note that on most screens there is a “Help” button. This will take you to a help library maintained by the state’s Office of the Chief Information Officer (OCIO), and may take you to the relevant portion of an extended FAQ system.

This link will take you into the state’s OCIO site to submit a service request or inquiry.
CHANGE OF ADDRESS/NAME

State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change, within 30 days of the change.

TODAY’S DATE: ____________________________

LAST NAME: ____________________________

FIRST NAME: ____________________________

MIDDLE NAME: ____________________________

SSN: ________ / ________ / ________

RN/LPN# ____________________________

RESIDENT STATE: ____________________________

EMAIL: ____________________________

NAME CHANGE:  □ YES  □ NO

PREVIOUS NAME: ____________________________

OLD ADDRESS

HOME ADDRESS: ____________________________

CITY: ____________________________ STATE: ________ ZIP: ________

NEW ADDRESS

HOME ADDRESS: ____________________________

CITY: ____________________________ STATE: ________ ZIP: ________

☐ I’M ON ACTIVE MILITARY DUTY

☐ I’M A FEDERAL EMPLOYEE

☐ I’M AN LPN CURRENTLY IN THE PROCESS OF OBTAINING AN RN LICENSE

☐ MY LICENSE EXPIRES IN LESS THAN 2 MONTHS AND WOULD LIKE A RENEWAL FORM MAILED TO ME

MAIL TO:
Iowa Board of Nursing
400 SW 8th Street, Suite B
Des Moines, IA 50309

OR

Email information to: ibon@iowaid.gov

Update address online at www.nursing.iowaid.gov

Select IBON online services

TO CHANGE YOUR EMAIL ADDRESS

If your email address changes, it needs to be updated in two different places: your IBON record, and your login account. These are hosted separately.

To update your IBON record:
Although you can wait until you renew your license, it may be wiser to update it immediately, as follows:
1. Go to IBON Online Services and select “Update Contact Information.”
2. This will take you to the Enterprise login screen mandated by the State of Iowa.
3. Enter your account i.d. and password, and click “Sign In.”
4. You will be returned to the Iowa Board of Nursing Online Services, and the proper screen to update your information.
5. Update all available fields on the screen – including your email address, and click Continue.

To Update your login i.d:
Your login email is different from the email address in your license record. The login email is used by the state’s mandated authentication services for all state business. If you forget your login i.d, the system can send it to you – but it will go to the email address they have on record in the login account, not to the address in your license record.
1. Go to IBON Online Services and select “Update Contact Information.” This will take you to the Enterprise login screen mandated by the State of Iowa.
2. On the login screen (below), enter your account i.d. and password, BUT instead of clicking on “Sign In,” click on “Account Details.”

3. This will take you to the following screen, where it is apparent that you need to enter your new email twice and click save.

Additional note:
If you can remember neither your login i.d. nor your password, AND your email address has changed, you have two choices:
1. Create an new and different login i.d. and password. The new login i.d. must be different from the one you initially created, i.e., Suzy Smith@iowaid could become Suzy-Smith2@iowaid.
2. You can request assistance through the state’s Help Desk from the links available in the lower right of the login screen, or by calling 515-281-3264, or 1-800-532-1174.
Licensees should plan to renew their nursing license 30 to 60 days prior to the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

A $50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the license.

The continuing education requirement for all license renewals is 36 contact hours (3.6 CEUs) of nursing continuing education. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

Effective 1/1/2018, all license renewals require 36 contact hours of continuing education, regardless of the term of the license.

### EXPIRATION DATE OF CURRENT RENEWAL | RENEWAL DATES | LATE FEE ASSESSED | INACTIVE STATUS IF NOT RENEWED
--- | --- | --- | ---
July 15, 2018 | May 15, 2018 – July 15, 2018 | July 16 | August 16, 2018
August 15, 2018 | June 15, 2018 – August 15, 2018 | August 16 | September 16, 2018
September 15, 2018 | July 15, 2018 – September 15, 2018 | September 16 | October 16, 2018
October 15, 2018 | August 15, 2018 – October 15, 2018 | October 16 | November 16, 2018

The Iowa Board of Nursing (BON) approved new curriculum for the Supervisory Course for Iowa’s Licensed Practical Nurses, offered by the National Healthcare Institute (NHI) in the summer of 2017. The course is completely online and accessible to all Iowa Licensed Practical Nurses (LPNs). See information about the course at http://bit.ly/Supervisory-Course-For-Iowas-Licensed-Practical-Nurses.

On April 4, 2018, the BON adopted revisions to the Iowa Administrative Code 655, Chapter 6.5(1). These rules allow the Licensed Practical Nurse (LPN) working under the supervision of the Registered Nurse (RN), to supervise in a nursing facility. The LPN shall complete the online National Healthcare Institute’s Supervisory Course for Iowa’s Licensed Practical Nurses within 90 days of being put in a supervisory role. It is the responsibility of the LPN to maintain his or her certificate documenting completion of the course.

Effective June 13, 2018, the new rules were implemented for Iowa facilities. A Licensed Practical Nurse (LPN) shall be entitled to supervise without completing the course if the LPN was working in a supervisory role on or before October 6, 1982. In addition, an LPN currently enrolled as a full-time student in a Registered Nurse (RN) program who is scheduled to graduate within one year is not required to complete the course. It is the LPN’s responsibility to inform the employer of their educational status. In addition, the facility is responsible for monitoring the completion of the RN coursework and RN licensure.

Along with the rule change, effective immediately, waivers of the LPN supervisory course education requirement will no longer be issued. If the LPN does not obtain a RN license within one year, the LPN must take the NHI course to continue supervisory duties.

Health facilities supervisors and their administrative teams should hold in-service events for their nursing staff to disseminate the information so that every LPN is well informed about this process. If you have any questions about the role of the LPN in a supervisory capacity or the NHI supervisory course, please contact Jimmy Reyes, Associate Director of Education and Practice, by emailing nursingpractice@iowa.gov.

*Editor’s Note: On June 13, 2018, a letter was sent to all Iowa healthcare facilities regarding important rule changes pertinent to Licensed Practical Nurses who supervise in Iowa facilities. Excerpts from the letter are included in this article.*
The Iowa Center for Nursing Workforce is a member of the National Forum of State Nursing Workforce Centers (the Forum). The Forum exists to address nursing workforce shortages and “contributes to the national effort to assure an adequate supply of qualified nurses to meet the health needs of the U.S. population” (Retrieved from https://nursingworkforcecenters.org). There are currently 35 member centers who focus on data collection and reporting, research and programming, to advance the Forum’s mission: “Lead a national network for collaboration among state nursing workforce entities and partners.”

The Forum held their annual meeting in Chicago, Illinois, from June 6-8, 2018. The conference was planned by a Midwest consortium of states including representatives from Illinois, Indiana, Iowa, Michigan, Minnesota, Missouri, Ohio, South Dakota and Wisconsin. Over 100 attendees gathered for keynote speakers, breakout sessions and poster presentations around the theme of P4 – Policy, Practice, Populations and Possibilities. Key sponsors for the event included the Center to Champion Nursing in America and the National Council of State Boards of Nursing (NCSBN).

In addition to many breakout sessions, keynote speakers included Susan B. Hasmiller, PhD, RN, FAAN, Senior Adviser for Nursing at the Robert Wood Johnson Foundation, and Director of the Campaign for Action, who described the opportunities for nurses to get involved in helping people live healthier lives; Mr. Chuck Underwood, BBA, President, The Generational Imperative, Inc., who provided a fascinating historical perspective and comprehensive picture of the five generations of workers seen in the workplace today; Julie Willems VanDijk, PhD, RN, FAAN, Director, University of Wisconsin Population Health Institute, who encouraged participants to use their own state’s county health rankings to improve the health of their communities; and Pam Cipriano, PhD, MN, BSN, RN, President of the American Nurses Association, who inspired attendees and gave examples of nurses who are leading transformational change to improve health in the U.S.

Thursday’s events included guest speakers of interest to nurse educators, and 20 additional participants attended one day of the conference to hear the focused presentations. Speakers included several of the NCSBN staff including Mary Ann Alexander, PhD, RN, Chief Officer, Nursing Regulation, who described the changes seen in the nursing workforce, education and practice and the implications for the future of nursing; Phil Dickison, PhD, RN, Chief Officer, Operations and Examinations, who described the research behind the anticipated changes to the NCLEX exam; and Jim Puente, MS, MJ, CAE, Director of the Nurse Licensure Compact (NLC), who provided information and updates about the enhanced NLC passage and ongoing efforts.

The conference presentations may be viewed by visiting the Forum’s website at the following link at nursingworkforcecenters.org/2018-forum-presentations/. Check out the information and begin thinking about the ideas and possibilities that YOU can implement in your practice to impact the health of your community.
The Iowa Healthiest State Initiative and the Iowa Action Coalition is counting on nurses to help them get their message out! What could you do, as an individual, to get involved? Or, how about getting your co-workers together for a work project? Although directed at children, the concepts in this campaign apply to all ages. Take a look at the fact sheets provided by the 5-2-1-0 Health Choices Count campaign. If the 60,000+ Iowa nurses would adopt these suggestions in their households and workplaces, imagine the impact we could make on the health of our communities! Check out the available resources by registering with the 5-2-1-0 campaign at http://bit.ly/5210campaign.

---

**REDY'S RULES**

**Try it!**
- Try fruits and veggies different ways and try at least a couple of bites each time. It can take 7 to 10 tries before you like a new food, so be open to trying again and again. It may become your new favorite!
- Many fruits and veggies taste great with a dip or dressing. Try salad dressing, yogurt, nuts, butter, or hummus.
- Make a fruit smoothie with yogurt.

**Mix it!**
- Add veggies to foods you already make. Like pasta, soup, casseroles, pizza, rice, etc.
- Add fruit to your cereal, pancakes, or other breakfast foods.

**Slice it!**
- Keep washed and chopped veggies and fruits in the fridge so they are easy to grab and eat.
- Most people prefer crunchy foods over many others. Enjoy vegetables fresh or lightly steamed and avoid overcooking.

**Did you know?**
A diet rich in fruits and vegetables provides vitamins, minerals, and phytonutrients important for supporting growth and development, and for optimal immune function.

---

**GET AT LEAST HOUR OF PHYSICAL ACTIVITY EVERY DAY**

**Physical Activity Can Be Free and Fun!**
- Take a walk with your family.
- Play with your pet.
- Take a bike ride (remember to wear your helmet).
- Turn on music and dance.
- Jump rope.
- Play frisbee.
- Take the stairs.
- Park the car at the end of the parking lot.
- Make snow angels.

**Make Physical Activity Easier.**
- Make gradual changes to increase your level of physical activity.
- Track the level of your physical activity using a pedometer, fitness band, or online tracker.
- Choose games and activities that promote physical activity (e.g., balls, hula hoops, jump ropes, soccer).
- Do physical activities together with friends or family.
- Turn off the TV and computer and keep them out of the bedroom.
- Limit recreational screen time (e.g., TV, computers, video games, etc.).
- Encourage lifelong physical activity by incorporating it into your routine.
- Keep physical activity fun! You'll be more likely to do it.

**Did you know?**
- One hour of moderate physical activity means:
  - Doing activities where you breathe hard, but not walking, biking, or dancing.
- 20 minutes of vigorous physical activity counts.
- Doing activities where you sweat, like running, in which physical activity.
- Makes you feel good.
- Makes you more alert.
- Makes you fitter.

---

**LIMIT RECREATIONAL SCREEN TIME HOURS OR LESS EVERY DAY**

Keep TV/Computer out of bedrooms. No screen time under the age of 2.

---

**Life is a lot more fun when you join in!**

**Try These Activities Instead of Watching TV.**
- Ride a bike.
- Go on a square mile. Pick a park or a place.
- Turn on music and dance.
- Read a book or magazine.
- Spend time catching up with your family.
- Take your kids to the park or beach.
- Play board games.
- Walk, run, or jog.
- Cook together.

**Tame the TV and Computer.**
- Set Limits and Provide Alternatives.
- Get some basic rules, such as no TV or computer before homework or chores are done.
- Do not watch TV during mealtime.
- Use a timer. When the bell rings, it’s time to turn off the TV.
- Eliminate TV during the week.
- Set family guidelines for age-appropriate shows.
- Make a list of fun activities to do instead of being in front of a screen.

**Healthy Screen Time Means:***
- No TV/computer in the room where the child sleeps.
- No TV/computer under the age of 2.
- One hour of educational TV/computer time between ages 2 and 5.
- After the age of 5, two hours or less per day.

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**SUGARY DRINKS... DRINK WATER!**

**Put limits on juice!**
- Juice products labeled "juice," "drink," or "punch" often contain 5% juice or less. Sometimes, the only difference between these "juices" and soda is that they have added Vitamin C.
- Always try to choose whole fruits over juice.
- Suggest a glass of water or milk instead of juice.
- If you choose to serve juice:
  - Buy 100% juice.
  - Each day, juice should be limited to:
    - 4-6 ounces for children 1-6 years old.
    - 8-12 ounces for children 7-18 years old.
  - No juice for children 6 months and under.

**Water!**
Keep It Handy, Keep It Cold.**
- Keep bottled water or water bottle on hand.
- Fill a pitcher of water and keep it in the fridge.

**Liven It Up, Make It Fruity.**
- Add fresh lemons, lime, or orange wedges to water for some natural flavor.
- Try mixing soda with a splash of juice.

**Be a Role Model:**
- Drink water when you're thirsty.
- Replace soda with water, instead of sugary-sweetened beverages, such as juice or sports drinks.

**Water is for your body:**
- Between 70-80% of our body is made up of water.
- When you exercise, you sweat, and when you sweat, you lose water. It is important to replace the water you lose when you sweat.
- Water is the #1 thirst quencher!
Sanctioned licenses should be verified through our website to determine current status. Follow the instructions below to see case information from the Board’s database.

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<tr>
<th>LAST NAME</th>
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From Chrome or Internet Explorer, type in the following URL:
Then, click on Discipline documents. When the screen appears, click on the drop-down arrow, Query Discipline Documents by License Number:

After clicking on the drop-down box, you will be given the choice to query documents by license number, case number, or licensee name.

Type in the following URL in your web browser: eservices.iowa.gov/publicportal/iowa/IBON/
Then click on DISCIPLINE DOCUMENTS. When the screen appears, click on the drop-down arrow, Query DISCIPLINE DOCUMENTS BY:

Enter the case number and click on SEARCH to view the case documents. Click on the underlined Case Number link, and then View to download the documents on file for the particular case number.
FENTANYL

SAFETY RECOMMENDATIONS FOR FIRST RESPONDERS

† For the purposes of this document, fentanyl, related substances, and synthetic opioids (herein referred to as fentanyl†) includes fentanyl analogues (e.g., acetylfentanyl, acrylfentanyl, carfentanil, furanylfentanyl), novel synthetic opioids (e.g., U-47700), and other drugs that may be laced with these substances.

- The abuse of drugs containing fentanyl† is killing Americans. Misinformation and inconsistent recommendations regarding fentanyl† have resulted in confusion in the first responder community.
- You as a first responder (law enforcement, fire, rescue, and emergency medical services (EMS) personnel) are increasingly likely to encounter fentanyl† in your daily activities (e.g., responding to overdose calls, conducting traffic stops, arrests, and searches).
- This document provides scientific, evidence-based recommendations to protect yourself from exposure.

WHAT YOU NEED TO KNOW

- Fentanyl† can be present in a variety of forms (e.g., powder, tablets, capsules, solutions, and rocks).
- Inhalation of airborne powder is MOST LIKELY to lead to harmful effects, but is less likely to occur than skin contact.
- Incidental skin contact may occur during daily activities but is not expected to lead to harmful effects if the contaminated skin is promptly washed off with water.
- Personal Protective Equipment (PPE) is effective in protecting you from exposure.
- Slow breathing or no breathing, drowsiness or unresponsiveness, and constricted or pinpoint pupils are the specific signs consistent with fentanyl† intoxication.
- Naloxone is an effective medication that rapidly reverses the effects of fentanyl†.

Actions to take . . .

To protect yourself from exposure
- Wear gloves when the presence of fentanyl† is suspected.
- AVOID actions that may cause powder to become airborne.
- Use a properly-fitted, NIOSH-approved respirator (“mask”), wear eye protection, and minimize skin contact when responding to a situation where small amounts of suspected fentanyl† are visible and may become airborne.
- Follow your department guidelines if the scene involves large amounts of suspected fentanyl† (e.g., distribution/storage facility, pill milling operation, clandestine lab, gross contamination, spill or release).

When exposure occurs
- Prevent further contamination and notify other first responders and dispatch.
- Do not touch your eyes, mouth, nose or any skin after touching any potentially contaminated surface.
- Wash skin thoroughly with cool water, and soap if available. Do NOT use hand sanitizers as they may enhance absorption.
- Wash your hands thoroughly after the incident and before eating, drinking, smoking, or using the restroom.
- If you suspect your clothing, shoes, and PPE may be contaminated, follow your department guidelines for decontamination.

If you or other first responders exhibit
- Slow Breathing or No Breathing
- Drowsiness or Unresponsiveness
- Constricted or Pinpoint Pupils
- Move away from the source of exposure and call EMS.
- Administer naloxone according to your department protocols. Multiple doses may be required.
- If naloxone is not available, rescue breathing can be a lifesaving measure until EMS arrives. Use standard basic life support safety precautions (e.g., pocket mask, gloves) to address the exposure risk.
- If needed, initiate CPR until EMS arrives.

https://www.whitehouse.gov/ondcp/key-issues/fentanyl

Collaborative Support From:
- American College of Emergency Physicians
- American College of Medical Toxicologists
- American Industrial Hygiene Association
- Association of State and Territorial Health Officials
- Association of State Criminal Investigative Agencies
- Fraternal Order of Police
- International Association of Chiefs of Police
- International Association of Fire Chiefs
- International Association of Fire Fighters
- Major Cities Chiefs Association
- Major County Sheriffs of America
- National Alliance of State Drug Enforcement Agencies
- National Association of Counties
- National Association of County and City Health Officials
- National Association of Electrical Manufacturers
- National Association of Emergency Medical Technicians
- National Association of EMS Physicians
- National Association of State EMS Officials
- National Governor’s Association
- National HIDTA Directors Association
- National Narcotic Officers’ Associations’ Coalition
- National Sheriffs’ Association
- National Volunteer Fire Council
- Police Executive Research Forum
- Police Foundation
At the beginning of this year, the administrative rules governing nursing continuing education (CE) in the state of Iowa were revised. Among the changes, licensed nurses will now be able to use additional sources to obtain the CE needed to renew their nursing license.

Reminder: Every nurse needs 36 contact hours of nursing CE to renew their license. To be used for license renewal, all CE needs to be earned between the issue date of the license and the expiration date listed on the license. Before a nurse renews their license they should be able to answer the attestation statement on their renewal form that they have completed their nursing CE.

Before a nurse takes continuing education they should make sure it falls under the appropriate subject matter according the 655 Iowa Administrative Code (IAC) chapter 5 CE rules:

5.2(4) Appropriate subject matter.

a. Appropriate subject matter for continuing education credits reflects the educational needs of the nurse learner and the health needs of the consumer. Appropriate subject matter is limited to offerings that are scientifically founded and predominantly for professional growth. The following areas are deemed appropriate subject matter for continuing education credit:

(1) Nursing practice related to health care of patients/clients/families in any setting.
(2) Professional growth and development related to nursing practice roles with a health care focus.
(3) Sciences upon which nursing practice, nursing education, or nursing research is based, e.g., nursing theories and biological, physical, behavioral, computer, social, or basic sciences.
(4) Social, economic, ethical and legal aspects of health care.
(5) Management of or administration of health care, health care personnel, or health care facilities.
(6) Education of patients or patients’ significant others, students, or personnel in the health care field.

b. Continuing education credit shall not be awarded for the following:

(1) Self-help and self-care that are not scientifically supported.
(2) Cardiopulmonary resuscitation and basic life support classes.
(3) Orientation in-service activities.

c. Academic offerings shall meet the qualifications of appropriate subject matter as specified above or meet the requirements of a nursing education program which extends beyond the education completed for the original nursing license. The licensee shall retain a transcript exhibiting a passing grade for each academic offering.
There are certain providers of nursing CE from which nurses may earn their CE credit. The following excerpt from 655 IAC 5.2(5) details from whom a nurse may take their CE coursework:

1. Board-approved providers.
2. Other approved providers from state boards of nursing that have mandatory continuing education requirements. For more information visit bit.ly/list-mandatory-continuing-education-states.
3. American Nurses Credentialing Center (ANCC) Commission on Accreditation.
5. National Federation of Licensed Practical Nurses Continuing Education (NFLPN) and the NFLPN Education Foundation.

In other words, if a nurse takes a CE course and their certificate of completion for the course lists one of the above-named providers, a nurse may use the credit toward their license renewal requirements.

The new allowances in the CE rules follow:

- National certification or recertification which is related to the practice of nursing and is current at the time of a license renewal. The national certification or recertification shall be recognized as 36 contact hours of continuing education.
- Completion of a board-approved nurse refresher course. Hours of participation will be recognized as contact hours of continuing education.
- Participation as a preceptor for a nursing student or employee transitioning into a new clinical practice area, for a minimum of 120 hours in a one-to-one relationship as part of an organized preceptorship program. A licensee shall maintain documentation issued by the institution supervising the student or employee demonstrating the objectives of the preceptorship and the hours completed. A preceptorship shall be recognized as 12 contact hours of continuing education.
- Completion of a nurse residency program. A residency program shall be recognized as 36 contact hours of continuing education.

As with the prior rules, licensees may also count formal education provided by community colleges, public and private colleges and universities or governmental academies towards the CE requirements. If a formal class is taken, it still must fall within the appropriate subject matter guidelines listed earlier. For documentation, the licensee must be able to produce a formal transcript with the credit hours showing earned during the license renewal period.

Nurses may use credits from self-study courses, live webinars, or on-site courses attended outside of Iowa if they qualify as appropriate subject matter, are offered by one of the approved providers listed earlier in this article.

If a nurse takes self-study courses, live webinars or on-site courses and they were not offered by an approved provider, they may submit the course for consideration under the special approval process. See the IBON website for the paperwork needed to submit special approval requests at bit.ly/special-approval-application.

For courses attended outside of the United States, contact the board office at 515.201.2509.
In just a few minutes, you can self-enroll into Nursys e-Notify® and receive licensure status updates, track license verifications for endorsement and create and manage multiple license expiration reminders. Keeping on top of your license status can help you prevent fraudulent licenses or certificates being issued in your name.

Powered by the U.S. boards of nursing, Nursys e-Notify is the National Council of State Boards of Nursing database. It is the only national database for licensure verification of registered nurses (RNs), licensed practical/vocational nurses (LPN/VNs) and advanced practice registered nurses (APRNs).

Nursys is live and dynamic, and all updates to the system are pushed directly from participating boards of nursing (BON) databases through frequent, secured data updates.

This innovative nurse licensure notification system was previously only available to institutions that employ nurses but is now available free of charge to you.

Creating an account is quick and easy. Enroll at www.nursys.com/e-notify and select “As a Nurse” to complete the registration process.

Learn more about Nursys e-Notify by viewing an introductory video or visiting the Nursys website. For questions, contact nursysenotify@ncsbn.org.
The course will examine what the brain needs to be healthy and resilient, so as to prevent mental health disorders, as well as cognitive decline. Fac: Michelle Albers, PhD, RD. Aud: RN, LPN, NP, Case Managers. Reg by: 6/28. Fee: $81.00. Contact Hours: 6.0.

September 26; 11:30 am – 5:00 pm
Waterloo, IA

Why Won’t My Patient Take My Advice? Ethical Considerations and Non-Adherence


August 17; 11:30 am – 3:30 pm

Iowa City, IA

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<tr>
<td><strong>Spon:</strong> Mercy Iowa City #87. <strong>Contact:</strong> Mercy Iowa City. <strong>Phone:</strong> 1-800-358-2767. <strong>Summary:</strong> To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. Fac: ACLS Approved Instructors. Info: <a href="http://www.mercyiowacity.org">www.mercyiowacity.org</a>. Aud: RN’s and Health Care Providers. Reg by: 8/3. Fee: $80.00. Contact Hours: 0.0.</td>
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August 22; 8:30 am – 12:30 pm

Iowa City, IA

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August 23; 8:30 am – 12:30 pm

Iowa City, IA

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September 6; 11:30 am – 3:30 pm

Iowa City, IA

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September 7; 8:30 am – 12:30 pm

Iowa City, IA

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September 13; 7:30 am – 5:10 pm

Iowa City, IA

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<td><strong>Spon:</strong> Mercy Iowa City #87. <strong>Contact:</strong> Mercy Iowa City. <strong>Phone:</strong> 1-800-358-2767. <strong>Summary:</strong> This intense 2 day course will provide standardized training according to the Trauma Nurse Core Course 7th Edition curriculum. Fee includes all course materials and recording fees. Contact hours provided by ENA. Fac: TNCC Approved Providers. Info: <a href="http://www.mercyiowacity.org">www.mercyiowacity.org</a>. Aud: RN’s and Health Care Providers. Reg by: 7/31. Fee: $110.00. Contact Hours: 5.4.</td>
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September 27; 11:30 am – 3:30 pm

Iowa City, IA

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September 28; 8:30 am – 12:30 pm

Iowa City, IA

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<tbody>
<tr>
<td><strong>Spon:</strong> Mercy Iowa City #87. <strong>Contact:</strong> Mercy Iowa City. <strong>Phone:</strong> 1-800-358-2767. <strong>Summary:</strong> To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. Fac: ACLS Approved Instructors. Info: <a href="http://www.mercyiowacity.org">www.mercyiowacity.org</a>. Aud: RN’s and Health Care Providers. Reg by: 9/14. Fee: $80.00. Contact Hours: 0.0.</td>
</tr>
</tbody>
</table>

August 21; 8:45 am – 4:00 pm

Iowa City, IA

<table>
<thead>
<tr>
<th>Basic Fetal Monitoring</th>
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</thead>
<tbody>
<tr>
<td><strong>Spon:</strong> University of Iowa Hospitals &amp; Clinics #34. <strong>Contact:</strong> Melissa Stimmler. <strong>Phone:</strong> 319-356-1238. <strong>Summary:</strong> To provide basic information on methods of fetal monitoring recognition of changes/interventions to assist in the management of patients and documentation issues. Fac: Jeana Forman, MSN, RNC. Info: <a href="https://uihc.org/nursing-continuing-education-schedule">https://uihc.org/nursing-continuing-education-schedule</a>. Aud: RNs working in obstetrics. Reg by: 7/31. Fee: $110.00. Contact Hours: 5.4.</td>
</tr>
</tbody>
</table>
CONTINUING EDUCATION OFFERINGS | continued

September 11; 8:00 am – 4:30 pm
Coralville, IA
15th Annual Neuroscience Nursing Conference
Spon: University of Iowa Hospitals & Clinics #34. Contact: Melissa Stimmler. Phone: 319-356-1238. Summary: The purpose of this two-day conference is to optimize the care of neuroscience patients by providing advanced knowledge and innovative care strategies impacting neuroscience nurses and patients across the lifespan. This information will also be useful in preparing for the Certified Neuroscience Registered Nurse (CNRN) or Stroke Certified Registered Nurse (SCRN) exams and for individuals seeking The Joint Commission Stroke Center Certification Education. Fac: Michael Edmond, MD, MPH, MPA, Chief Quality Officer and Associate Chief Medical Officer, Clinical Professor of Infectious Diseases, Department of Internal Medicine. Info: https://uihc.org/nursing-continuing-education-schedule. Aud: Licensed nurses and other health care professionals. Reg by: 8/21. Fee: $97.00. Contact Hours: 13.0.

September 20; 8:00 am – 4:00 pm
September 21; 8:00 am – 2:00 pm
Iowa City, IA
Fundamentals of Chemotherapy and the Patient Experience
Spon: University of Iowa Hospitals & Clinics #34. Contact: Melissa Stimmler. Phone: 319-356-1238. Summary: This two-day program is designed to enhance the nurse’s understanding of chemotherapy and care of patients receiving chemotherapy. The content will include the principles of cancer chemotherapy, the administration of chemotherapy, physiological and psychosocial effects of chemotherapy and the nursing management of the patient receiving chemotherapy. Fac: UI Hospitals and Clinics staff. Info: https://uihc.org/nursing-continuing-education-schedule. Aud: RNs providing chemotherapy. Reg by: 8/31. Fee: $254.00. Contact Hours: 11.0.

September 20; 7:30 am – 4:30 pm
Coralville, IA
34th Annual Gastroenterology Nursing Conference

October 2; 7:30 am – 4:15 pm
Coralville, IA
Neonatal Nursing Update
Spon: University of Iowa Hospitals & Clinics #34. Contact: Melissa Stimmler. Phone: 319-356-1238. Summary: These annual conferences are designed to explore patient care innovations for neonates, infants, children, adolescents and women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, and research illustrate the constantly evolving nature of nursing practice in a changing health care environment.

Women’s Health and Obstetrical Nursing Conference
Spon: University of Iowa Hospitals & Clinics #34. Contact: Melissa Stimmler. Phone: 319-356-1238. Summary: These annual conferences are designed to explore patient care innovations for neonates, infants, children, adolescents and women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, and research illustrate the constantly evolving nature of nursing practice in a changing health care environment.
Topics address both behavioral and clinical issues that are relevant to nurses and ancillary professionals in a variety of settings including acute care, ambulatory, and community-based. Fac: Cherryl Jones, ARNP, CPNP, FAANP, Director of Policy and Advocacy, Health Services Coordinator, Ottumwa Regional Center; Child Health Specialty Clinics, Stead Family Department of Pediatrics. Info: https://uihc.org/nursing-continuing-education-schedule. Aud: Licensed nurses and other health care professionals. Reg by: 9/7. Fee: $62.00. Contact Hours: 5.8.

October 4; 7:30 am – 4:15 pm
Coralville, IA

Pediatric Nursing Update
Spon: University of Iowa Hospitals & Clinics #34. Contact: Melissa Stimmmer. Phone: 319-356-1238. Summary: These annual conferences are designed to explore patient care innovations for neonates, infants, children, adolescents and women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, and research illustrate the constantly evolving nature of nursing practice in a changing health care environment. Topics address both behavioral and clinical issues that are relevant to nurses and ancillary professionals in a variety of settings including acute care, ambulatory, and community-based. Fac: Mary Beth Hovda Davis, MSN, RN, VA-BC, Nursing Practice Leader, Department of Nursing Services and Patient Care. Info: https://uihc.org/nursing-continuing-education-schedule. Aud: Licensed nurses and other health care professionals. Reg by: 9/7. Fee: $62.00. Contact Hours: 6.0.

October 9; 7:45 am – 3:30 pm
Iowa City, IA

Site Specific Oncology Clinical Enrichment – Solid Tumors
Spon: University of Iowa Hospitals & Clinics #34. Contact: Melissa Stimmmer. Phone: 319-356-1238. Summary: The purpose of this class is to provide information for nurses on cancer site specific solid tumors. This includes etiology, diagnosis, treatment, symptom management, and expected outcomes. Fac: UI Hospitals and Clinics staff. Info: https://uihc.org/nursing-continuing-education-schedule. Aud: Licensed nurses. Reg by: 9/18. Fee: $96.00. Contact Hours: 6.0.

October 25; 7:30 am – 4:30 pm
Coralville, IA

2018 Medical Psychiatry Nursing Conference
Spon: University of Iowa Hospitals & Clinics #34. Contact: Melissa Stimmmer. Phone: 319-356-1238. Summary: This conference is designed to provide information and discussion of current trends in the care of patients with dual medical and psychiatric diagnosis. Fac: UI Hospitals and Clinics staff. Info: https://uihc.org/nursing-continuing-education-schedule. Aud: Licensed nurses and other health care professionals. Reg by: 10/5. Fee: $64.00. Contact Hours: 0.0.

October 4; 11:00
Des Moines, IA

2nd Annual Geriatric Psych Conference

Online
Des Moines, IA

Online Enduring Materials
Alzheimer’s Disease and Related Disorders

Spon: Consultants for the Future #61. 
Contact: Linda S. Greenfield, RN, PhD. 
Phone: 800-654-2387. 
Aud: RNs and LPNs. 
Summary: Provides ways to approach problem areas in direct care of those with dementia, with extensive suggestions for effective communication. Fee: $12.00. Contact Hours: 2.0.

Autism Spectrum Disorder

Spon: Consultants for the Future #61. 
Contact: Linda S. Greenfield, RN, PhD. 
Phone: 800-654-2387. 
Aud: RNs and LPNs. 
Summary: Reviews changes in diagnostic terminology, common traits, incidence, possible causes and therapies/approaches to help a person function in an outer world that differs from inner experiences. Fee: $18.00. Contact Hours: 3.0.

Care of the Alzheimer’s Patient

Spon: Consultants for the Future #61. 
Contact: Linda S. Greenfield, RN, PhD. 
Phone: 800-654-2387. 
Aud: RNs and LPNs. 
Summary: This course discusses the controversies of end of life care, and presents approaches to meet psychological & physical needs encountered in the dying patient, while empowering the patient. Fee: $18.00. Contact Hours: 3.0.

Forgiveness: A Fundamental Health Concept

Spon: Consultants for the Future #61. 
Contact: Linda S. Greenfield, RN, PhD. 
Phone: 800-654-2387. 
Aud: RNs and LPNs. 
Summary: Incorporates strategies from both mental health and body-based therapies to approach forgiveness as a way to reduce stress-induced physical and mental/emotional disease states. Fee: $30.00. Contact Hours: 5.0.

Good Grief: Providing Light to Those in Emotional Pain

Spon: Consultants for the Future #61. 
Contact: Linda S. Greenfield, RN, PhD. 
Phone: 800-654-2387. 
Aud: RNs and LPNs. 
Summary: Fosters the nurse’s ability to listen, console and nurture those involved in loss and changing personal identity, using specific, guided techniques. Fee: $30.00. Contact Hours: 5.0.

HIV/AIDS: A Comprehensive Course

Spon: Consultants for the Future #61. 
Contact: Linda S. Greenfield, RN, PhD. 
Phone: 800-654-2387. 
Aud: RNs and LPNs. 
Summary: Provides detailed examination of pathology, transmission, signs and symptoms, prevention, precautions and treatment of HIV. Fee: $18.00. Contact Hours: 3.0.

Intuition in Healthcare: Fostering a Safer, More Therapeutic Process

Spon: Consultants for the Future #61. 
Contact: Linda S. Greenfield, RN, PhD. 
Phone: 800-654-2387. 
Aud: RNs and LPNs. 
Summary: Examines physiologic explanations for intuition and become aware of how to facilitate accessing non-conscious information with...
greater accuracy and safety. **Fee:** $24.00. **Contact Hours:** 4.0.

### Mindful Care: Using Positive Thoughts and Emotions as a Catalyst to Healing

**Spon:** Consultants for the Future #61.  
**Contact:** Linda S. Greenfield, RN, PhD.  
**Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Examines anatomy & physiology of habits, teaches necessary factors to change old habits or form new habits & applies information to motor habits, mental & emotional habits, health habits, language habits & other with consideration to diseases that have significant habit connections. **Fee:** $18.00. **Contact Hours:** 3.0.

### Talking With the Docs: Effective Nurse-Physician Communication

**Spon:** Consultants for the Future #61.  
**Contact:** Linda S. Greenfield, RN, PhD.  
**Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Designed to help you increase your power and effectiveness when communicating with physicians in difficult situations. **Fee:** $24.00. **Contact Hours:** 4.0.

### Responsible & Compassionate Communication

**Spon:** Consultants for the Future #61.  
**Contact:** Linda S. Greenfield, RN, PhD.  
**Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Teaches how language helps or blocks relationships & cooperation in meeting healthcare needs, & provides new communication patterns that foster empowerment, collaboration, & mutual respect. **Fee:** $18.00. **Contact Hours:** 3.0.

### Stroke

**Spon:** Consultants for the Future #61.  
**Contact:** Linda S. Greenfield, RN, PhD.  
**Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Studies pathology of various kinds and locations of strokes, the related symptoms and approaches to acute and rehabilitative care. **Fee:** $30.00. **Contact Hours:** 5.0.

### Stuck in a Rut: Helping Patients & Clients change Habits that are Interferring with Recovery

**Spon:** Consultants for the Future #61.  
**Contact:** Linda S. Greenfield, RN, PhD.  
**Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Examines anatomy & physiology of habits, teaches necessary factors to change old habits or form new habits & applies information to motor habits, mental & emotional habits, health habits, language habits & other with consideration to diseases that have significant habit connections. **Fee:** $12.00. **Contact Hours:** 2.0.
Critical Thinking - Improve Your Skills

Spon: Quality Management Consultants, Inc. #353. Contact: Mary Krieg. Phone: 515-255-2576. Aud: RNs, LPNs, ARNPs. Summary: Improve your critical thinking skills in your nursing practice as well as your daily life. Info: goo.gl/2KfnDo Fee: $10.00. Contact Hours: 4.0.

Grief - Healing From Loss

Spon: Quality Management Consultants, Inc. #353. Contact: Mary Krieg. Phone: 515-255-2576. Aud: RNs, LPNs, ARNPs. Summary: Grief is not an illness or a disease, however, grief takes healthy and unhealthy forms, and it is hoped that this course will help you cope with yours grief, as well as your patients in a healthy and constructive way. Info: goo.gl/F4moEQ Fee: $10.00. Contact Hours: 2.0.

Positive Psychology

Spon: Quality Management Consultants, Inc. #353. Contact: Mary Krieg. Phone: 515-255-2576. Aud: RNs, LPNs, ARNPs. Summary: A brief overview of the new field of scientific study of human happiness and flourishing, with an applied approach to optimal functioning that enables individuals, families, communities and organizations to thrive. Info: goo.gl/h4NgWJ Fee: $19.00. Contact Hours: 3.0.

The Effective Patient Advocate

Spon: Quality Management Consultants, Inc. #353. Contact: Mary Krieg. Phone: 515-255-2576. Aud: RNs, LPNs, ARNPs. Summary: Advocacy is a critical role for nurses as patients need help finding their way through our health care system, and there is no better choice than a nurse. Info: goo.gl/mqxv4J Fee: $10.00. Contact Hours: 5.0.

The Affordable Care Act - A FREE Course

Spon: Quality Management Consultants, Inc. #353. Contact: Mary Krieg. Phone: 515-255-2576. Aud: RNs, LPNs, ARNPs. Summary: An analysis of the Affordable Care Act and all its provisions, as well as what you need to know to get care for you and your family. Info: goo.gl/rJ43Re Fee: $0.00. Contact Hours: 4.0.

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Child Abuse for Iowa Mandatory Providers

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 855-899-2803. Aud: RN, LPN, ARNP. Summary: Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporter’s requirements for child and dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fac: Angela Johnson. Fee: $23.95. Contact Hours: 2.0.

Dependent Adult Abuse for Iowa Mandatory Providers

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 855-899-2803. Aud: RN, LPN, ARNP. Summary: Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters’ requirements for Dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fac: Angela Johnson. Fee: $23.95. Contact Hours: 2.0.

Nurse Leadership Certificate Program

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The nine-part certificate program provides an in-depth understanding of the skills and characteristics necessary to be an effective nurse leader. This series is designed to provide nurses at all levels with practical training that can be put to use in any health care environment. Fac: Judith K. Orth, RN, CHPN, BSN,
Active Shooter: What You Can Do
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to present health care professionals with a comprehensive understanding of how to respond in an active shooter situation wherever they are, including a hospital, nursing home, outpatient clinic, or any other health care facility. Fac: Dorothy de Souza Guedes. Fee: $11.95. Contact Hours: 1.0.

LGBT in Health Care
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: This self-study will help health care staff understand the terminology and basic rights of LGBT seniors in long-term care. Fac: Heather K. Johnson, MHA. Fee: $11.95. Contact Hours: 1.0.

Antipsychotics and the Elderly
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications and implications of their use in the elderly population. Fac: Elizabeth Boldon BSN, MSN. Fee: $11.95. Contact Hours: 1.0.

Advance Directives and DNRO
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives. Fac: Denise Warren RN, BSN. Fee: $11.95. Contact Hours: 1.0.

Dealing with Difficult People in Healthcare
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: Health care professionals will learn how to identify and respond to conflict and disruptive behaviors among coworkers. Research on the negative consequences of conflict on staff morale and patient care are reviewed. Various strategies to deal with negative situations that are a part of every workplace are explained. Fac: Judith K. Orth, RN, CHPN, BSN, MA. Fee: $23.95. Contact Hours: 2.0.

Dementia Training Module A
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: All staff working in the long-term care setting will increase their skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Understanding Alzheimer's Disease, Communication, and Behavior Management. Fac: Kara Finger. Fee: $39.99. Contact Hours: 4.0.

Dementia Training Module B
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: All staff working in the long-term care setting will increase their skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Philosophy of Care, Family & Staff Issues, Activities for Persons with Dementia, Activities of Daily Living Medication & Nutrition, and Ethical Issues. Fac: Kara Finger. Fee: $39.99. Contact Hours: 4.0.
that tends to preserve their sense of dignity. Fac: Judy K. Orth, RN, CHPN, BSN, MA. Fee: $11.95. Contact Hours: 1.0.

**Elder Justice Act: What it Means for You**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Healthcare providers will increase their knowledge about the Elder Justice Act of 2010 (EJA) by providing information about its priorities, provisions, and related legal decisions since its enactment in 2010. Fac: Judy K. Orth, RN, CHPN, BSN, MA. Fee: $11.95. **Contact Hours:** 1.0.

**Ethical Principles in Nursing**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** To enhance the nurse’s ability to utilize ethical principles in nursing practice. Fac: Denise Warren RN, BSN. Fee: $35.95. **Contact Hours:** 3.0.

**Infection Control**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Health care professionals will review and gain knowledge of current and emerging infection control procedures, common health care related infections, and infectious disease outbreaks. Fac: Mary McGeough BSN. Fee: $23.95. **Contact Hours:** 2.0.

**Influenza: The Basics**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The health care practitioner will enhance her knowledge of this season’s influenza and best practices for prevention and transmission of the disease. Fac: Linda Fisk RN. Fee: $11.95. **Contact Hours:** 1.0.

**Leadership in Health Care: General Principles**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills. Fac: Judy K. Orth, RN, CHPN, BSN, MA. Fee: $17.95. **Contact Hours:** 1.5.

**Multi-Drug Resistant Organisms**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered and provide recommendations for preventing their spread. Fac: Denise Warren RN, BSN. Fee: $11.95. **Contact Hours:** 1.0.

**Nursing Documentation**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Nurses will gain knowledge and skills related to the documentation of information in the patient’s medical record. Fac: Mary McGeough BSN. Fee: $17.95. **Contact Hours:** 1.5.

**Nursing CEUs (100+ HR)**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care and autoimmune diseases to name just a few. Fac: Mary McGeough BSN. Fee: $33.95. **Contact Hours:** 100.0.

**Pain Management at Life’s End**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to integrate recently published pain management evidence into clinical practice and care for the terminally ill. A case scenario approach to this topic will transpire throughout this course to aid in the discovery and application of more effective ways for health care professionals to assist patients and families in the management of pain at life’s end. Fac: Judith K. Orth, RN, CHPN, BSN, MA. Fee: $23.95. **Contact Hours:** 2.0.

**Preventing Medication Errors**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this online course is to increase healthcare professionals understanding of and skills for eliminating medical errors. Fac: Mary McGeough BSN. Fee: $11.95. **Contact Hours:** 1.0.

**Staff Retention: Working Together to Achieve Organizational Success**

**Spon:** CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** To provide a framework of strategies to create successful organizations through positive, meaningful leadership. Fac: Vicki Parsons MBA. Fee: $11.95. **Contact Hours:** 1.0.
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These activities have been submitted to the Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Stowaways! Diseases That are Sneaking Across the U.S. Border

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: Healthcare personnel will increase their understanding of non-polio enteroviruses, including the enterovirus D68 (EV-D68), which appears to be the pathogen that caused mild to life-threatening illness and deaths in children in multiple states. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Zika Virus: What You Need to Know

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: Healthcare personnel will enhance their understanding of Zika virus. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Bumpety-Bump: Diagnosis Mumps

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: Healthcare personnel will enhance their understanding of mumps. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Heart Palpitations - A Cause for Concern?

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: Healthcare personnel will enhance their knowledge of heart palpitations, both those that are benign and those that may indicate a more serious health issue. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Aortic Aneurysm: A Silent Killer

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: Healthcare personnel will enhance their knowledge of aortic aneurysms, including thoracic aortic aneurysms (TAA) and abdominal aortic aneurysms (AAA). Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Anxiety Disorders in Adults and Children

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: Anxiety disorders can be debilitating for both adults and children. The nurse will enhance her understanding of types of anxiety disorders that affect the individual and the different modalities used to treat them. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

It’s Just a Bug Bite, Right? Vector-Borne Diseases

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: ANurses will enhance their knowledge of vector-borne diseases: signs & symptoms, diagnosis, treatment, and prevention. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Opioids - Friend or Foe? (Part I)

Spon: Words Matter Nurses. #375. Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.

Summary: Health care personnel will discuss pain and how medical response has lead in some cases to over-prescribing. Street drugs are another part of the opioid crisis, both issues contributing to ninety-one deaths from drug overdose every day in the United States. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.
Opioids - Friend or Foe? (Part II)
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: Healthcare professionals will discuss the opioid crisis and become familiar with the program developed by CDC to respond to the crisis. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Hepatitis A: A New Epidemic?
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: Nurses will discuss hepatitis A and explain how the disease is transmitted, who is at risk for the disease, signs and symptoms of illness, prevention of hepatitis A, and vaccination guidelines. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

The Aged: Dying From Loneliness?
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: Nurses will study the effects of loss and grief on the elderly population. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Just A Plane Ride Away: Ebola Virus Disease
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: To identify the signs and symptoms of Ebola Virus Disease and the implications for the U.S. based healthcare system. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

When Spiders Bite
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: Recognize the signs and symptoms of a spider bite, and care and treatment for the wound. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

IOWA ASSOCIATION FOR NURSING CONTINUING EDUCATION (IANCE)
Promoting quality continuing education for nurses in Iowa and fostering professional growth and understanding among Iowa nursing continuing education providers. Experience the benefits of being an IANCE member:

ACQUIRE new knowledge from the Provider Focus members-only newsletter

COMMUNICATE with Iowa providers through the IANCE list-serve

INCREASE expertise and gain information at the annual conference and business meeting

ADVERTISE your upcoming continuing education conference events on the website

TAKE advantage of professional development funds

JOIN IANCE NOW! Our members help shape the future of nursing continuing education in Iowa. To learn more, visit www.iance.org.
What is Safe at Home?

A free state-sponsored program that allows survivors of domestic and sexual violence, stalking, and trafficking to keep their address confidential.

Provides participants a legal substitute address, mail forwarding service, and confidential voter registration.

Actual physical address of participants will not appear on public records.

How do I APPLY for Safe at Home?

For more information, contact the Secretary of State’s office or an advocate program:

SafeAtHome@iowa.gov 515-725-SAFE (7233)

IA Coalition Against Domestic Violence
800-770-1650 (24-Hour Helpline)

IA Coalition Against Sexual Assault
800-700-1650 (24-Hour Helpline)

ATTENTION NURSES: IF YOU ARE TAKING PART IN THE SAFE AT HOME INITIATIVE, IT IS YOUR RESPONSIBILITY TO PROVIDE THE BOARD OF NURSING WITH YOUR SAFE AT HOME ADDRESS.