OPIOID USE IN IOWA

The Opioid crisis in Iowa has the potential to affect every Iowa citizen and every healthcare member. Please read this important article provided by the Iowa Department of Public Health.

Thought to be an issue only in major U.S. cities or more populated states, use of opioids (which includes heroin and prescription pain relievers) is becoming a problem of epidemic proportions in more rural areas of the country. While alcohol, marijuana and methamphetamines remain the primary substances misused in Iowa, in the last decade significant increases have been observed in the number of Iowans identifying opioids as their drug of choice at the time of admission to treatment – and in the number of overdose deaths.

continued on page 2 >

BOARD OF NURSING 2018 LEGISLATION

The Iowa Board of Nursing is in favor of requiring a nurse who has not held an active license in any jurisdiction within the previous five years of the date of application for endorsement, reactivation or reinstatement, to complete a nurse refresher course. This requirement is intended to protect the public health, safety and welfare.

The Iowa Board of Nursing will require the nurse refresher course to have a theory component and a clinical component. The nurse must complete the course before they will be issued a license.

continued on page 5 >

WORKFORCE COMMITTEE MEMBER NEEDED

The Iowa Center for Nursing Workforce is soliciting applications for a committee member to serve on the Workforce Advisory Committee.

continued on page 12 >
OPIOID USE IN IOWA

Thought to be an issue only in major U.S. cities or more populated states, use of opioids (which includes heroin and prescription pain relievers) is becoming a problem of epidemic proportions in more rural areas of the country. While alcohol, marijuana and methamphetamines remain the primary substances misused in Iowa, in the last decade significant increases have been observed in the number of Iowans identifying opioids as their drug of choice at the time of admission to treatment – and in the number of overdose deaths.

Data collected by the Bureau of Substance Abuse show that treatment admissions related to opioid use have more than tripled from 2005 (608 admissions) to 2016 (2,274 admissions). In addition, data from the Bureau of Health Statistics show that opioid overdose and related deaths have also tripled during the same time period (overdose meaning an opioid was identified as the primary cause of death in the medical examiner's report; related meaning an opioid was referenced in the medical examiner's report and could have contributed to the cause of death).

WHY THE INCREASE?

According to the Centers for Disease Control and Prevention (CDC), in 2012, health care providers wrote 259 million prescriptions for opioid pain relievers – enough for every American adult to have a bottle of pills. Prescription opioid sales in the United States have increased by 300% since 1999, even though there has not been an overall change in the amount of pain Americans report. In a study by the International Narcotics Control Board, the United States accounts for nearly 100% of the Hydrocodone used globally and 81% of Oxycodone used.

As people use opioids continuously their tolerance increases, but they may not be able to maintain their original source for the medication. This can lead them to turn to other sources and even switch from prescription drugs to cheaper and riskier substitutes like heroin.

WHAT IS BEING DONE IN IOWA?

A variety of efforts are taking place in Iowa to address opioid misuse, including:

- Statewide media campaign on the dangers of opioid misuse
- Ongoing recruitment of prescribers willing to provide Medication Assisted Treatment
- Expanded access to Naloxone (the opioid overdosed reversal drug)
- Introduced legislation requiring use of the PMP when prescribing an opioid, a Good Samaritan Law, and required education on the CDC Guideline for Prescribing Opioids for Chronic Pain

For more information, contact Kevin Gabbert, LISW, IAADC, Opioid Initiatives Director, Iowa Department of Public Health, email: kevin.gabbert@idph.iowa.gov.

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**OPIOID OVERDOSE DEATHS**

<table>
<thead>
<tr>
<th>YEAR</th>
<th>2005</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>OVERDOSE DEATHS</td>
<td>28</td>
<td>99*</td>
</tr>
</tbody>
</table>

*Indicates Provisional Data/IDPH Bureau of Health Statistics

**OPIOID RELATED DEATHS**

<table>
<thead>
<tr>
<th>YEAR</th>
<th>2005</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>RELATED DEATHS</td>
<td>59</td>
<td>205*</td>
</tr>
</tbody>
</table>

*The number of Opioid Related Deaths is inclusive of Opioid Overdose Deaths
AGENDA AND MINUTES ON THE WEB

All Board and Committee agendas are on our website. Agendas are posted at least 24 hours in advance of a meeting. Previous agendas will remain posted until replaced by the current agendas. Board and Committee minutes are posted at our website approximately three (3) months following the meetings.

You can locate our Agendas and Minutes at our website, nursing.iowa.gov, under “About the Board.”

You may subscribe to email notification of the first posting of a meeting or conference call agenda by sending a blank email to: ibon.helpdesk@iowa.gov.

Requests for establishment of new schools, requests for major curriculum change, other special requests, and regular business will be considered at each meeting. Materials must be received in the board office four (4) weeks prior to a scheduled board meeting. For your convenience, behind each board meeting date is the deadline for receipt of materials.

MEET THE BOARD MEMBER

MY NAME IS SUE PUTNAM and I have been a nurse since 2009. I have worked in all different settings, across multiple states, from acute care to skilled rehab. I currently work in long term care and I really enjoy it due to the different people that are there and the stories that they tell. I love to learn and I really believe there is something to learn every day - nursing provides that for me.

When I’m not working, I come home to my husband, Chris, and my four children. We live out in the country and currently have about 9 chickens, 2 dogs and a few cats. I plan to raise a big garden this summer and maybe add a few goats to the mix. I am also a big reading nerd. I would read all day, every day if I could. Plus I love playing games on my PlayStation 4.

I’m excited to be able to join the Iowa Board of Nursing. I think it is going to be an excellent learning experience for me.

EDITOR’S NOTE: Three-year appointments to the Iowa Board of Nursing occur following an application process and appointment by the Governor and Lt. Governor. Sue Putnam began her board service in 2017. Ms. Putnam serves on the Practice Committee of the Board.

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The implementation date for the Enhanced Nurse Licensure Compact (eNLC) was January 19, 2018. The following scenarios and information provided by the eNLC Commission and the National Council of State Boards of Nursing (NCSBN) will tell you everything you ever wanted to know about the eNLC! For up-to-the-minute information about the compact visit http://bit.ly/eNLCimplementation.

<table>
<thead>
<tr>
<th>SCENARIO I</th>
<th>SCENARIO II</th>
</tr>
</thead>
<tbody>
<tr>
<td>A nurse currently holding an active Iowa multistate license will be grandfathered into the eNLC; however, if you move to another state that is a member of the eNLC, you will need to meet the Uniform Licensing Requirements (ULRs) to obtain a multistate license. Likewise, all nurses applying for licensure and declaring Iowa their state of residency will need to meet the ULRs. A nurse who does not meet the ULRs may be issued a single state license.</td>
<td>A nurse currently holding an active Iowa multistate license may practice in the following states: Arizona, Arkansas, Colorado, Delaware, Florida (new to compact), Georgia (new to compact), Idaho, Iowa, Kentucky, Maine, Maryland, Mississippi, Missouri, Montana, Nebraska, New Hampshire, New Mexico, North Carolina, North Dakota, Oklahoma (new to compact), South Carolina, South Dakota, Tennessee, Texas, Utah, Virginia, West Virginia (new to compact), Wisconsin, Wyoming (new to compact). As with the original Nurse Licensure Compact, if you practice in other states on your multistate license, you must adhere to the laws and regulations of the state where the patient is located.</td>
</tr>
</tbody>
</table>

**NEW ENHANCED NURSE LICENSURE COMPACT CHANGES FOR NURSES WITH CRIMINAL CONVICTIONS**

On July 20, 2017, the new Enhanced Nurse Licensure Compact was passed in Iowa. The new compact states that any nurse who has been convicted of, or found guilty of any felony, may not have a multi-state license, unless that felony has been deferred, expunged, or otherwise disposed in a way in which it is no longer considered a conviction.

The new compact also states that any nurse who has been convicted of, or found guilty of, a misdemeanor that the Board has determined is related to the practice of nursing, may also not possess a multi-state license, unless it was deferred, expunged or otherwise disposed of so as to not be considered a conviction.

Nurses whose criminal convictions were already reviewed by the Board before July 20, 2017, may consider themselves “grandfathered” by the old review standards and retain a multi-state license, unless their license is revoked, surrendered, or becomes inactive. Under these circumstances they will need to have their criminal convictions reviewed again as part of the licensure process, and crimes that may have been grandfathered may now prevent them from holding a multi-state license.

An exception to these crimes preventing a licensee from holding a multi-state license is if the licensee can supply official court documentation showing the crimes in question were deferred, expunged or otherwise disposed as a non-conviction. Proof of this should allow the licensee to maintain their multi-state privilege. It is the licensee’s responsibility to provide this documentation, and their license will be single state until the Board receives and reviews it.

Any felony conviction after July 20, 2017, that does not receive a deferred judgment or other non-conviction disposition will prevent a licensee from holding a multi-state license. Any misdemeanor conviction received after July 20, 2017, that does not receive a deferred judgment or other non-conviction disposition may prevent someone from receiving a multi-state license if the Board determines the misdemeanor is related to the practice of nursing. Crimes are reviewed on a case by case basis after all the needed information has been provided.

If you have any questions about this please call our office at 515-281-3255 and ask to speak to someone in Enforcement.
The Iowa Board of Nursing is in favor of requiring a nurse who has not held an active license in any jurisdiction within the previous five years of the date of application for endorsement, reactivation or reinstatement, to complete a nurse refresher course. This requirement is intended to protect the public health, safety and welfare.

The Iowa Board of Nursing will require the nurse refresher course to have a theory component and a clinical component. The nurse must complete the course before they will be issued a license.

In order for a nurse, who does not hold an active Iowa license, to complete the clinical component of a nurse refresher course they must have authority to practice nursing in a clinical setting. On April 10, 2018, Governor Kim Reynolds signed the legislation amending Iowa Code, Chapter 152.9A giving the board the authority to allow a nurse to complete the clinical component of the nurse refresher course.

The legislation that was passed reads as follows:

152.9A Limited nursing authorization.

The board may issue a limited authorization to a nurse to complete the clinical component of a nurse refresher course. The board shall determine the length of time a limited nursing authorization shall remain effective.

Board staff is aware of 18 other states who require some type of course or remediation for nurses who have not held an active license for a certain period of time.

Board staff will begin the process of promulgating rules to address the requirements of a Nurse Refresher Course now that the legislation has passed.

Nurses should take an active role in the legislative process. Find your legislator at this site: www.legis.iowa.gov/legislators/find. When you see something that impacts your work and your patients/clients, let your legislators know how you feel about the topic!
Licensees should plan to renew their nursing license 30 to 60 days prior the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

A $50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the license.

<table>
<thead>
<tr>
<th>EXPIRATION DATE OF CURRENT RENEWAL</th>
<th>RENEWAL DATES</th>
<th>LATE FEE ASSESSED</th>
<th>INACTIVE STATUS IF NOT RENEWED</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 15, 2018</td>
<td>February 15, 2018 – April 15, 2018</td>
<td>April 16</td>
<td>May 16, 2018</td>
</tr>
<tr>
<td>May 15, 2018</td>
<td>March 15, 2018 – May 15, 2018</td>
<td>May 16</td>
<td>June 16, 2018</td>
</tr>
<tr>
<td>June 15, 2018</td>
<td>April 15, 2018 – June 15, 2018</td>
<td>June 16</td>
<td>July 16, 2018</td>
</tr>
<tr>
<td>July 15, 2018</td>
<td>May 15, 2018 – July 15, 2018</td>
<td>July 16</td>
<td>August 16, 2018</td>
</tr>
</tbody>
</table>

The continuing education requirement for all license renewals is 36 contact hours (3.6 CEUs) of nursing continuing education. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

Effective 1/1/2018, all license renewals require 36 contact hours of continuing education, regardless of the term of the license.
THE IOWA NURSE ASSISTANCE PROGRAM CAN HELP

Who Runs INAP?
The Iowa Nurse Assistance Program (INAP) is authorized by the Iowa Board of Nursing to assist nurses in the early identification and treatment of impairment and illness.
INAP is managed by a committee who works with the program coordinator. Committee members include the director of the Iowa Board of Nursing, substance and mental health professionals, nurses recovering from addiction, and a public member.

The INAP committee may:
1) Evaluate on a case by case basis whether candidates are appropriate for the program.
2) Submit recommendations to the Iowa Board of Nursing.
3) Monitor the recovery process of participants.

Who may be eligible for the program?
- Nurses who voluntarily report themselves
- Nurses with any physical or mental condition affecting their practice
- Nurses who use alcohol or drugs to the extent their practice is affected

Referrals may come from:
- Self-referral
- Board referral
- Licensure department
- Enforcement
- Employer complaints

Why?
Impairment can cost your job and license.
INAP Serves Nurses:
- Consultation upon entering program
- Early intervention and treatment referrals to local support services
- Ongoing monitoring and support as an effective alternative to discipline

INAP Serves the Public:
- Public protection through close monitoring to ensure safe practice
- Coordination with employers to assure patient safety and a smooth transition back to nursing practice

The Iowa Nurse Assistance Program (INAP) is a new resource for individual nurses who are impaired as a result of alcohol or drug use, dependency, addiction, or by any mental or physical condition.

It is a voluntary, confidential program and provides an opportunity for licensed professionals to receive proper treatment and maintain their professional status, while protecting the safety of the public.

Are programs like this successful?
Yes! Similar programs to INAP currently in practice show that an appropriate combination of treatment and support effectively help participants manage their impairment or condition.

Who may be eligible for the program?

Who? 

Who Runs INAP?

The Iowa Board of Nursing requests that licensees and the public use the board web site nursing.iowa.gov for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

<table>
<thead>
<tr>
<th>QUESTIONS ABOUT</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Name/address changes</td>
<td>☎️ (515) 281-4826</td>
</tr>
<tr>
<td>• Request application for license renewal, reactivation, endorsement, or exam</td>
<td>📧 <a href="mailto:ibon@iowa.gov">ibon@iowa.gov</a></td>
</tr>
<tr>
<td>• Inactive status</td>
<td></td>
</tr>
<tr>
<td>• Your license renewal or reactivation in process</td>
<td>☎️ (515) 281-3264</td>
</tr>
<tr>
<td>• Lost/stolen licenses</td>
<td>📧 <a href="mailto:ibon.renewal@iowa.gov">ibon.renewal@iowa.gov</a></td>
</tr>
<tr>
<td>• License Verification</td>
<td></td>
</tr>
<tr>
<td>• Your license by examination in process</td>
<td>☎️ (515) 281-6488</td>
</tr>
<tr>
<td>• Initial ARNP application</td>
<td>📧 <a href="mailto:newnurs@iowa.gov">newnurs@iowa.gov</a></td>
</tr>
<tr>
<td>• Your ARNP application in process</td>
<td></td>
</tr>
<tr>
<td>• Your license by endorsement in process</td>
<td>☎️ (515) 281-4827</td>
</tr>
<tr>
<td>• Your ARNP renewal in process</td>
<td>📧 <a href="mailto:endorse@iowa.gov">endorse@iowa.gov</a></td>
</tr>
<tr>
<td>• Continuing Education rules</td>
<td>☎️ (515) 201-2509</td>
</tr>
<tr>
<td>• Continuing Education provider rules</td>
<td>📧 <a href="mailto:laura.hudson@iowa.gov">laura.hudson@iowa.gov</a></td>
</tr>
<tr>
<td>• Special approval of Continuing Education courses</td>
<td>☎️ (515) 281-8258</td>
</tr>
<tr>
<td>• Audits</td>
<td>📧 <a href="mailto:ibon.audit@iowa.gov">ibon.audit@iowa.gov</a></td>
</tr>
<tr>
<td>• Disciplinary issues</td>
<td>☎️ (515) 281-6472</td>
</tr>
<tr>
<td>• Sanctioned cases</td>
<td>📧 <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></td>
</tr>
<tr>
<td>• Editor, Iowa Board of Nursing newsletter</td>
<td>☎️ (515) 201-2509</td>
</tr>
<tr>
<td>• Website content</td>
<td>📧 <a href="mailto:laura.hudson@iowa.gov">laura.hudson@iowa.gov</a></td>
</tr>
<tr>
<td>• Scope of nursing practice in Iowa</td>
<td>☎️ (515) 326-4400</td>
</tr>
<tr>
<td>• Formal nursing education in Iowa</td>
<td>📧 <a href="mailto:nursingpractice@iowa.gov">nursingpractice@iowa.gov</a></td>
</tr>
<tr>
<td>• Nurse Licensure Compact Agreement (Multi-state license)</td>
<td>☎️ (515) 326-4400</td>
</tr>
<tr>
<td>• NCLEX accommodations</td>
<td>📧 <a href="mailto:nursingeducation@iowa.gov">nursingeducation@iowa.gov</a></td>
</tr>
<tr>
<td>• Foreign applicants for licensure</td>
<td>☎️ (515) 281-3255</td>
</tr>
<tr>
<td>• Alternative to Discipline Program (Iowa Nurse Assistance Program)</td>
<td>📧 <a href="mailto:ibon.helpdesk@iowa.gov">ibon.helpdesk@iowa.gov</a></td>
</tr>
<tr>
<td>• Alternative to Discipline Program (Iowa Nurse Assistance Program)</td>
<td></td>
</tr>
<tr>
<td>• Disciplinary issues</td>
<td>☎️ (515) 725-4008</td>
</tr>
<tr>
<td>• Sanctioned cases</td>
<td>📧 <a href="mailto:inap@iowa.gov">inap@iowa.gov</a></td>
</tr>
</tbody>
</table>
Creating an Online User Account

If you have ever done business online with any state agency (such as for college aid), you would use the same account id that you have already created. Otherwise, all license related processes begin with user registration, including updating contact, employment or educational information. Secured Access and ordering a roster also require the visitor to register.

The main menu displays the following option:

If you click on “Create a New Account,” you will be taken directly to the registration page and tab that you need in order to register:

This registration site is maintained by the state's technology division as a global login for the entire state enterprise:

The registration automatically combines first and last names into a suggested user i.d., and appends “@iowaid.” But if the first name/last name combination already exists, the i.d. field will appear blank, and you will need to create your own account i.d. In either case, anything can be substituted ahead of the “@,” but the i.d. that is created is permanent so it will need to be memorable.

Enter your email address twice in the screen pictured above, and click “Save Account Details.” A popup box gives a final caution.

The next screen requires the user to create their password:

The registration is complete, and the user is taken to the screen where they can actually log in. Note that the above registration process should only be required once. Thereafter, the licensee would use the existing account. Also note that on most screens there is a “Help” button. This will take you to a help library maintained by the state’s Office of the Chief Information Officer (OCIO), and may take you to the relevant portion of an extended FAQ system.

After successfully selecting an i.d., entering the email address twice and clicking “continue,” you will see the following screen advising you that an email has been sent with information to complete the registration. Note that there is a time limit of 48 hours to complete the registration.

The email will include a link to come back to the registration site. This is done as verification that the email address is a real one. Clicking the link in the email returns the user to the following screen at the EAA website to complete the registration by selecting security questions and answers.

This link will take you into the state's OCIO site to submit a service request or inquiry.
CHANGE OF ADDRESS/NAME

State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change, within 30 days of the change.

TODAY’S DATE: ____________________________
LAST NAME: ____________________________
FIRST NAME: ____________________________
MIDDLE NAME: ____________________________
SSN: ___________ / ___________ / ___________
RN/LPN# ____________________________
RESIDENT STATE: ____________________________
EMAIL: ____________________________
NAME CHANGE:  ☐ YES  ☐ NO
PREVIOUS NAME: ____________________________

OLD ADDRESS
HOME ADDRESS: ____________________________
CITY: ____________________________ STATE: ___________ ZIP: ___________

NEW ADDRESS
HOME ADDRESS: ____________________________
CITY: ____________________________ STATE: ___________ ZIP: ___________

☐ I’M ON ACTIVE MILITARY DUTY
☐ I’M A FEDERAL EMPLOYEE
☐ I’M AN LPN CURRENTLY IN THE PROCESS OF OBTAINING AN RN LICENSE
☐ MY LICENSE EXPIRES IN LESS THAN 2 MONTHS AND WOULD LIKE A RENEWAL FORM MAILED TO ME

MAIL TO:
Iowa Board of Nursing
400 SW 8th Street, Suite B
Des Moines, IA 50309

OR
Email information to: ibon@iowa.gov
Update address online at nursing.iowa.gov
Select IBON online services

TO CHANGE YOUR EMAIL ADDRESS

If your email address changes, it needs to be updated in two different places: your IBON record, and your login account. These are hosted separately.

To update your IBON record:
Although you can wait until you renew your license, it may be wiser to update it immediately, as follows:
1. Go to IBON Online Services and select “Update Contact Information.”
2. This will take you to the Enterprise login screen mandated by the State of Iowa.
3. Enter your account i.d. and password, and click “Sign In.”
4. You will be returned to the Iowa Board of Nursing Online Services, and the proper screen to update your information.
5. Update all available fields on the screen – including your email address, and click Continue.

To Update your login i.d.
Your login email is different from the email address in your license record. The login email is used by the state’s mandated authentication services for all state business. If you forget your login i.d, the system can send it to you – but it will go to the email address they have on record in the login account, not to the address in your license record.
1. Go to IBON Online Services and select “Update Contact Information.” This will take you to the Enterprise login screen mandated by the State of Iowa.
2. On the login screen (below), enter your account i.d. and password, BUT instead of clicking on “Sign In,” click on “Account Details.”

3. This will take you to the following screen, where it is apparent that you need to enter your new email twice and click save.

Additional note:
If you can remember neither your login i.d. nor your password, AND your email address has changed, you have two choices: 1. Create an new and different login i.d. and password. The new login i.d. must be different from the one you initially created, i.e., Suzy.Smith@iowaid could become Suzy-Smith2@iowaid.
2. You can request assistance through the state’s Help Desk from the links available in the lower right of the login screen, or by calling 515-281-5703, or 1-800-532-1174.
Celebrate National Nurses Week

MAY 6–12, 2018

During National Nurses Week, the Iowa Board of Nursing would like to extend a special thanks to you, our nurses, as you continue to provide the highest level of quality care to your patients. You deserve special recognition for your efforts to inspire, innovate, and influence every day!
The Iowa Board of Nursing has approved curriculum for the Supervisory Course for Iowa’s Licensed Practical Nurses (LPN), which is offered by the National Healthcare Institute (NHI), IBON approved provider 376. This course is completely online with access to an electronic textbook titled *Leading and Managing in Nursing*.

NHI launched the curriculum on February 1, 2017. Direct access to the course’s description and registration page can be found at bit.ly/Supervisory-Course-For-Iowas-Licensed-Practical-Nurses. Licensees will be sent a detailed registration letter and course navigation guide upon payment for the course. To discuss corporate account information, contact Daniel Campos at dcampos@nhinstitute.com or by telephone at 786.380.5135.

**ONLINE LPN SUPERVISORY COURSE**

**IOWA CENTER FOR NURSING WORKFORCE**

**WORKFORCE COMMITTEE MEMBER NEEDED**

The Iowa Center for Nursing Workforce is soliciting applications for a committee member to serve on the Workforce Advisory Committee. Due to a resignation on the committee, we are seeking a representative to fill the category of a practicing registered nurse educated at the ADN or BSN level. Committee members are board approved and board staff facilitates the committee work.

The charge for the Iowa Center for Nursing Workforce advisory committee is as follows:

- To identify the overall strategic direction for the Iowa Center for Nursing Workforce.
- To establish priorities for the Iowa Center for Nursing Workforce.

The anticipated time commitment for this committee is three to face-to-face meetings over the course of one year, with meetings held in Des Moines. Terms are three-year terms, with a three-term maximum.

**INTERESTED PARTIES SHOULD SUBMIT A COVER LETTER AND RESUME TO:**

Laura Hudson, MSN, RN, Associate Director CE/Workforce

400 S.W. 8th Street, Suite B, Des Moines, IA 50309-4685.

All letters and resumes must be received in the board office by **May 31, 2018**, to be considered.
At their meeting held March 7, 2018, the Iowa Center for Nursing Workforce Advisory Committee finalized their 2017 – 2020 Strategic Plan. Overarching goals include the following:

**GOALS AND STRATEGIC INITIATIVES**

1. **COLLABORATION**
   
   Leverage the momentum of the STEM initiative by participating in state-level planning and encouraging nursing’s involvement in at least six regional events per year.

2. **DATA**
   
   Publish periodic, relevant data about the nurse workforce supply and demand, wages, education, and projected retirements over the next five year period.

3. **REGULATION/PRACTICE**
   
   Develop, disseminate and/or report opportunities to educate the nursing workforce regarding the regulatory process and the role of nurses in both advancing policy and advocacy.

4. **WORKFORCE RETENTION & CAREER ENHANCEMENT**
   
   Promote recruitment and retention of the nursing workforce by highlighting best practices within the state in at least three different service areas, with at least one each year. (e.g. long term care, urban and rural areas.)

   Assist with decreasing workplace violence by supporting and promoting educational programs and initiatives that work to decrease violence in the healthcare setting.

5. **CAREER PATHWAYS**
   
   Support efforts to increase awareness of nursing career pathways in Iowa by linking with existing resources and participating in ongoing activities.

   Partner with other agencies and institutions to research millennial needs and design a campaign to promote how nursing meets their employment/career needs.

6. **OUTREACH AND PROMOTION**
   
   Promote awareness of the Future Ready Iowa goals and the intersection with nursing workforce needs.

   Recruit people to nursing.

To see the Iowa Center for Nursing Workforce Center’s Strategic Plan, see the Board’s website at: [bit.ly/2qjuPTm](http://bit.ly/2qjuPTm).
## IOWA CENTER FOR NURSING WORKFORCE COMMITTEE MEMBERS:

<table>
<thead>
<tr>
<th>NAME</th>
<th>AFFILIATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Julie Adair, RN</td>
<td>Vice President of Home Care &amp; Workforce&lt;br&gt;Iowa Health Care Association/Iowa Center for Assisted Living&lt;br&gt;West Des Moines</td>
</tr>
<tr>
<td>Lisa Baumhover, MS, GCNS-BC, ARNP</td>
<td>Geriatric Clinical Nurse Specialist, UnityPoint Health&lt;br&gt;Des Moines</td>
</tr>
<tr>
<td>Stephanie Capesius, RN, BSN</td>
<td>Nurse Manager, Kossuth Regional Health Center&lt;br&gt;Algona</td>
</tr>
<tr>
<td>Megan Hartwig, MHA</td>
<td>Office of Rural Health, Program Manager&lt;br&gt;Iowa Department of Public Health&lt;br&gt;Des Moines</td>
</tr>
<tr>
<td>Tonya Johannes, DNP, MSN, ARNP-BC, RN</td>
<td>ARNP, Mahaska Health Partnership, Oskaloosa;&lt;br&gt;PRN Clinical Instructor for Indian Hills Community College&lt;br&gt;Ottumwa</td>
</tr>
<tr>
<td>Tami Lund, RN, BSN, MSA</td>
<td>Quality Manager, Immanuel pathways PACE Program&lt;br&gt;Council Bluffs</td>
</tr>
<tr>
<td>Beverly McLinden</td>
<td>Public Member, Healthcare consumer;&lt;br&gt;Administrator – Rotary Club of Des Moines A.M.&lt;br&gt;Adel</td>
</tr>
<tr>
<td>Ryan M. Murphy, MPA, BA</td>
<td>Bureau Chief, Communications &amp; Labor Market Information,&lt;br&gt;Iowa Workforce Development&lt;br&gt;Des Moines</td>
</tr>
<tr>
<td>Jennifer Nutt, DNP, RN</td>
<td>Director of Nursing &amp; Clinical Services&lt;br&gt;Iowa Hospital Association&lt;br&gt;Des Moines</td>
</tr>
<tr>
<td>Anne Ott, RN</td>
<td>Emergency Room Nurse&lt;br&gt;Regional Health Services of Howard County&lt;br&gt;Cresco</td>
</tr>
<tr>
<td>Michelle Snitselaar, MSN, RN</td>
<td>Director of Health Services, Mount Mercy University&lt;br&gt;Cedar Rapids</td>
</tr>
<tr>
<td>Zoë Thornton, PhD</td>
<td>Education Program Consultant, Bureau of Career and Technical Education,&lt;br&gt;Iowa Department of Education,&lt;br&gt;Des Moines</td>
</tr>
<tr>
<td>Ginny Wangerin, MSN, PhD, RN, CNE</td>
<td>Clinical Assistant Professor, Iowa State University;&lt;br&gt;Consultant, Nursing Practice &amp; Education&lt;br&gt;Clive</td>
</tr>
</tbody>
</table>

## BOARD STAFF PARTICIPANTS:  
Kathy Weinberg, MSN, RN, Executive Director  
Jimmy Reyes, DNP, AGNP, RN, Associate Director – Education & Practice  
Laura Hudson, MSN, RN, Associate Director – Continuing Education & Workforce
# BOARD ORDERS

## PREVIOUSLY NAMED SANCTION CASES

Sanctioned licenses should be verified through our website to determine current status

* By Licensee RN Number Indicates Licensee is licensed as an ARNP
** In the RN column indicates the Licensee does not have an Iowa License

### JANUARY 2018

<table>
<thead>
<tr>
<th>LAST NAME</th>
<th>FIRST NAME</th>
<th>RN</th>
<th>LPN</th>
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<td>Bender</td>
<td>Ellen</td>
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<td>Robinson</td>
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<tr>
<td>Royer</td>
<td>Jill</td>
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<td>Stahlhut</td>
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<tr>
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<tr>
<td>Van’t Hull</td>
<td>Pamela</td>
<td>134212</td>
<td>P56094</td>
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</tr>
</tbody>
</table>
Dear Iowa PMP User,

Summary: The Iowa Prescription Monitoring Program will be changing software systems on April 4, 2018. We will be moving to the Appriss PMP AWARxE software.

How It Affects Me: In the new system, each e-mail address can only be tied to one user account. You should know that any accounts that share the same e-mail address will NOT be transferred to the new system. If your account is not transferred, you will have to submit a new registration and wait for your account to be approved by the state administrator.

Action Steps:

1. To ensure that your account is successfully transferred to the new system, please verify that the e-mail address listed on your account is unique.

2. Log in to your existing account at https://pmp.iowa.gov/IAPMPWebCenter/Login.aspx to review and update your email address (if needed) in the “My Account” section.

3. When verifying your email address, please ensure you have completed the occupation field in your profile.

4. Please complete all account updates by the end of business on March 22, 2018. This is the last day that account updates you make will reflect in the new software platform.

Additional Information:

1. If you have already updated your account profile information, there is nothing else you need to do at this time.

2. If your account is transferred to the new software system, you will receive an e-mail notification on April 4, 2018 with details about the new website, including login information and a guide for how to run a patient search.

If you have any questions or concerns, please contact the Iowa PMP directly at 515-281-5944. Assistance is available Monday – Friday from 8:00 am – 5:00 pm CT.

Best Regards,

Jennifer Tiffany, Associate Director
Iowa Prescription Monitoring Program
SAFETY STUDY RESULTS
Announced by the National Transportation Safety Board
Washington, D.C.

SEPTEMBER 23, 2014 – WASHINGTON, D.C. - A safety announcement issued by the National Transportation Safety Board (NTSB) encourages all health care providers “who prescribe controlled substances for pain discuss with patients the effect their medical condition and medication use may have on their ability to safely operate a vehicle in any mode of transportation” (NTSB, September 23, 2014).
Nurse practitioners should make it a practice to discuss these safety issues with their patients.

Evidence That Pilots Are Increasingly Using Over-the-Counter, Prescription, and Illicit Drugs

The National Transportation Safety Board (NTSB) recently analyzed toxicology tests from 6,677 pilots who died in a total of 6,597 aviation accidents between 1990 and 2012. The results demonstrate a significant increase in the use of a variety of potentially impairing drugs.

The study found significantly increasing trends in pilots’ use of all drugs, potentially impairing drugs (those with a US Food and Drug Administration warning about sedation or behavior changes in routine use), controlled substances, and illicit drugs (those defined as Schedule I by the US Drug Enforcement Administration). The final report, Drug Use Trends in Aviation: Assessing the Risk of Pilot Impairment, is available on the NTSB’s Safety Studies web page under report number SS-14/01.

In this study, the pilot was considered to be positive for a drug if it could be qualitatively or quantitatively identified in blood or tissue; drugs identified only in urine or used as part of resuscitative efforts were excluded.

Overall, 98% of the study pilots were male and 96% were flying privately rather than for commercial purposes. The average age of study pilots increased from 46 to 57 years over the study period.

Over the course of the study, for fatally injured pilots, the following was found:

- The proportion of pilots testing positive for at least one drug increased from 10% to 40%.
- More than 20% of all pilots from 2008-2012 were positive for a potentially impairing drug, and 6% of all pilots were positive for more than one potentially impairing drug.
- Overall, the most common potentially impairing drug pilots had used was diphenhydramine, a sedating antihistamine (the active ingredient in many Benadryl and Unisom products).
- During the most recent 5 years studied, 8% of all pilots tested positive for controlled substances; hydrocodone and diazepam each accounted for 20% of the positive findings.
- The percentage of pilots testing positive for marijuana use increased to about 3% during the study period, mostly in the last 10 years.

The large increase in the proportion of fatally injured pilots with evidence of potentially impairing drugs suggests an increasing risk of impairment in general aviation. Aviation is the only transportation mode in which a fatally injured operator (pilot) routinely undergoes extensive toxicology testing; no similar testing is routinely performed for fatally injured operators of boats, trains, trucks, or cars. Given the general increase in drug use in the population, it is likely that there has been a similar trend in drug use among operators across all modes of transportation.

These results highlight the importance of routine discussions between health care providers and pharmacists and their patients about the potential risks that drugs and medical conditions can create when patients are operating a vehicle in any mode of transportation.
CONTINUING EDUCATION OFFERINGS

ABBREVIATIONS

SPON: SPONSOR
FAC: FACULTY
AUD: AUDIENCE
INC: INCLUDES/INCLUDING
REG BY: REGISTER BY
TBA: TO BE ANNOUNCED
NG: NOT GIVEN
NR: NONRESIDENT

REGION I
NORTHWEST COUNTIES OF IOWA

May 9; 8:30 am – 4:00 pm
Sioux City, IA

44th Annual Perinatal Conference

May 10; 8:30 am – 3:30 pm
Bettendorf, IA

The Sleep-Loss Epidemic: Understanding & Managing Sleep Disorders

June 28; 8:30 am – 3:30 pm
Cedar Rapids, IA

Brain Health: Mood, Metabolism, & Cognition
Spon: Institute for Natural Resources (INR) #288. Contact: Deborah Cheung. Phone: 925-609-2820 x 238. Summary: The course will examine what the brain needs to be healthy and resilient, so as to prevent mental health disorders, as well as cognitive decline. Fac: Michelle Albers, PhD, RD. Aud: RN, LPN, NP, Case Managers. Reg by: 6/28. Fee: $81.00. Contact Hours: 6.0.

May 22; 9:00 am – 4:00 pm
Iowa City, IA

Basic Fetal Monitoring
Spon: University of Iowa Hospitals & Clinics #34. Contact: Lou Ann Montgomery. Phone: 319-356-4304 x 238. Summary: To provide basic information on methods of fetal monitoring, recognition of changes / interventions to assist in the management of patients, and documentation issues. Fac: Jeana Forman, MSN, RNC. Aud: RRNs working on obstetrics. Reg by: 5/1. Fee: $110.00. Contact Hours: 5.4.
CONTINUING EDUCATION OFFERINGS | continued

May 30; 9:00 am – 4:30 pm
Iowa City, IA

AWHONN Intermediate Fetal Heart Monitoring Program

June 7; 9:00 am – 4:15 pm
Iowa City, IA

AWHONN Advanced Fetal Heart Monitoring Program
Spon: University of Iowa Hospitals & Clinics #34. Contact: Lou Ann Montgomery. Phone: 319-356-4304 x 238. Summary: Course conveys the application of advanced fetal heart monitoring knowledge and skills in intrapartum clinical practice. *Designed for clinicians who previously completed the AWHONN Intermediate FHM course or a comparable fetal monitoring education program. Fac: Jeana Forman, MSN, RNC. Aud: Nurse/Midwife/ARNP/MD*. Reg by: 5/2. Fee: $237.00. Contact Hours: 18.

May 1; 8:00 am – 4:15 pm
Iowa City, IA

2018 Medical Surgical Nursing Conference
Spon: University of Iowa Hospitals & Clinics #34. Contact: Lou Ann Montgomery. Phone: 319-356-4304 x 238. Summary: The purpose of this class is to provide information for nurses who care for a variety of surgical patients in a range of settings. Topics include burn management, pre and post op care for transplant patients, managing patients with disruptive and aggressive behaviors. Fac: UI Hospitals and Clinics staff. Aud: Licensed nurses. Reg by: 4/27. Fee: $82.00. Contact Hours: 6.9.

July 27; 8:00 am – 5:30 pm
Davenport, IA

ACLS - OB

May 4; 8:30 am – 12:30 pm
Iowa City, IA

ACLS Provider Renewal Course
Spon: Mercy Iowa City #87. Contact: Mercy Iowa City. Phone: 1-800-358-2767. Summary: To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. Fac: ACLS Approved Instructors. Aud: RN’s and Healthcare providers. Reg by: 4/16. Fee: $80.00. Contact Hours: 0.0.

May 23; 11:30 am – 3:30 pm
Iowa City, IA

PALS Provider Renewal Course
Spon: Mercy Iowa City #87. Contact: Mercy Iowa City. Phone: 1-800-358-2767. Summary: To successfully demonstrate the PALS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. Fac: PALS Approved Instructors. Aud: RN’s and Healthcare providers. Reg by: 4/24. Fee: $80.00. Contact Hours: 0.0.
CONTINUING EDUCATION OFFERINGS | continued

according to the AHA guidelines, prerequisites include a completed self-assessment. Fac: PALS Approved Instructors. **Aud:** RN’s and Healthcare providers. **Reg by:** 4/25. **Fee:** $80.00. **Contact Hours:** 0.0.

**June 11; 8:30 am – 12:30 pm**
**Iowa City, IA**

**ACLS Provider Renewal Course**
**Spon:** Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. Fac: ACLS Approved Instructors. **Aud:** RN’s and Healthcare providers. **Reg by:** 6/28. **Fee:** $80.00. **Contact Hours:** 0.0.

**June 29; 8:30 am – 3:30 pm**
**Des Moines, IA**

**Brain Health: Mood, Metabolism, & Cognition**
**Spon:** Institute for Natural Resources (INR) #288. **Contact:** Deborah Cheung. **Phone:** 925-609-2820 x 238. **Summary:** This course will examine what the brain needs to be healthy and resilient; so as to prevent mental health disorders, as well as cognitive decline. Fac: Michelle Albers, PhD, RD. **Aud:** RN, LPN, NP, Case Managers. **Reg by:** 6/29. **Fee:** $81.00. **Contact Hours:** 6.0.

**HOME STUDY**

**CONSULTANTS FOR THE FUTURE**

11705 Boyette Road, Suite 470, Riverview, Florida 33569

Mail orders: 1057 50th Ave. #4, Long Island City, NY 11101

Email: confut@aol.com

Phone: 1-800-654-2387

Web: www.consultantsforthefuture.com

(Iowa Provider Number #61)

Courses may be ordered by phone or mail or downloaded from the website. MasterCard or VISA accepted. All online courses are $5 per hour, all mailed courses are $6 per hour; plus a $5.00 postage and handling fee per mail order.

**Alzheimer’s Disease and Related Disorders**
**Spon:** Consultants for the Future #61. **Contact:** Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Provides ways to approach problem areas in direct care of those with dementia, with extensive suggestions for effective communication. **Fee:** $12.00. **Contact Hours:** 2.0.
Summary: Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities. Fee: $6.00. Contact Hours: 1.0.

Good Grief: Providing Light to Those in Emotional Pain
Spon: Consultants for the Future #61. Contact: Linda S. Greenfield, RN, PhD. Phone: 800-654-2387. Aud: RNs and LPNs. Summary: Fosters the nurse’s ability to listen, console and nurture those involved in loss and changing personal identity, using specific, guided techniques. Fee: $30.00. Contact Hours: 5.0.

HIV/AIDS: A Comprehensive Course

Intuition in Healthcare: Fostering a Safer, More Therapeutic Process

Mindful Care: Using Positive Thoughts and Emotions as a Catalyst to Healing
Spon: Consultants for the Future #61. Contact: Linda S. Greenfield, RN, PhD. Phone: 800-654-2387. Aud: RNs and LPNs. Summary: Examines body/mind links immune system function to ways we think and feel, and teaching more positive thinking patterns and ways to deal with negative emotions. Fee: $30.00. Contact Hours: 5.0.

Responsible & Compassionate Communication
Spon: Consultants for the Future #61. Contact: Linda S. Greenfield, RN, PhD. Phone: 800-654-2387. Aud: RNs and LPNs. Summary: Examines body/mind connection, exploring chemistry that links immune system function to ways we think and feel, and teaching more positive thinking patterns and ways to deal with negative emotions. Fee: $30.00. Contact Hours: 5.0.

Change Beds: You May Have Made It but You Don’t Have to Lie In It: Mental, Emotional Health
Spon: Consultants for the Future #61. Contact: Linda S. Greenfield, RN, PhD. Phone: 800-654-2387. Aud: RNs and LPNs. Summary: Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities. Fee: $60.00. Contact Hours: 10.0.

Cognito Ergo Sum: Creating an Empowered Image
CONTINUING EDUCATION OFFERINGS | continued

The Prevention of Medical Errors

**Spon:** Consultants for the Future #61  
**Contact:** Linda S. Greenfield, RN, PhD  
**Phone:** 800-654-2387  
**Aud:** RNs and LPNs  
**Summary:** Discuss the epidemic and other issues critical to addressing this very difficult problem. Register online at https://goo.gl/F4moEQ. Fee: $10.00.  
**Contact Hours:** 5.0.

**Trauma Informed Care**

**Spon:** Quality Management Consultants, Inc. #353  
**Contact:** Mary Krieg  
**Phone:** 515-255-2576  
**Aud:** RNs, LPNs, ARNPs  
**Summary:** Awareness, prevention, early detection and effective trauma-specific treatment are the keys to positive outcomes. Register online at https://goo.gl/3h6yt6. Fee: $29.00.  
**Contact Hours:** 5.0.

**Critical Thinking - Improve Your Skills**

**Spon:** Quality Management Consultants, Inc. #353  
**Contact:** Mary Krieg  
**Phone:** 515-255-2576  
**Aud:** RNs, LPNs, ARNPs  
**Summary:** Enhance your own critical thinking process to use in your daily life as well as in your nursing practice. Register online at https://goo.gl/2KnfDo. Fee: $10.00.  
**Contact Hours:** 4.0.

**Positive Psychology**

**Spon:** Quality Management Consultants, Inc. #353  
**Contact:** Mary Krieg  
**Phone:** 515-255-2576  
**Aud:** RNs, LPNs, ARNPs  
**Summary:** Positive Psychology is a new discipline of scientific study where the focus is on the positive aspects of personality and behavior, rather than always focusing on what is “wrong.” Register online at https://goo.gl/h4NgWJ. Fee: $19.00.  
**Contact Hours:** 3.0.

**GRIEF - Healing From Loss**

**Spon:** Quality Management Consultants, Inc. #353  
**Contact:** Mary Krieg  
**Phone:** 515-255-2576  
**Aud:** RNs, LPNs, ARNPs  
**Summary:** Grief can take healthy and unhealthy forms, and this course will help you cope with your grief, as well as your patients’ in a healthy and constructive way. Register online at https://goo.gl/F4moEQ. Fee: $10.00.
Contact Hours: 2.0.

Mental Health & Substance Abuse Emergencies in the Community
Spon: Quality Management Consultants, Inc. #353. Contact: Mary Krieg. Phone: 515-255-2576. Aud: RNs, LPNs, ARNPs. Summary: An overview of the recommended activities when faced with a mental health or substance abuse emergency in your family, neighborhood, or community. Register online at https://goo.gl/JkP6qy. Fee: $0.00. Contact Hours: 2.0.

The Effective Patient Advocate
Spon: Quality Management Consultants, Inc. #353. Contact: Mary Krieg. Phone: 515-255-2576. Aud: RNs, LPNs, ARNPs. Summary: Assure that your patients and clients will have the best care and outcomes possible by starting your own business as an independent patient advocate. Register online at https://goo.gl/mqvx4J. Fee: $10.00. Contact Hours: 5.0.

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CE SOLUTIONS, A DIVISION OF VGM EDUCATION
9111 West San Marinan Drive
Waterloo, Iowa 50701
Contact: Heather Johnson, MHA
Toll-free: (866) 650-3400
E-mail: info@discovercesolutions.com
(Iowa Provider Number #335)
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Child Abuse for Iowa Mandatory Reporters
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 855-899-2803. Aud: RN, LPN, ARNP. Summary: Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters’ requirements for child abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fac: Angela Johnson. Fee: $23.95. Contact Hours: 2.0.

Child and Dependent Adult Abuse for Mandatory Providers
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 855-899-2803. Aud: RN, LPN, ARNP. Summary: Approved by the Iowa Abuse Education Review Panel and intended to meet the Mandatory Reporter’s requirements for child and dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fac: Angela Johnson. Fee: $23.95. Contact Hours: 2.0.

Dependent Adult Abuse for Iowa Mandatory Providers
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 855-899-2803. Aud: RN, LPN, ARNP. Summary: Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters’ requirements for Dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fac: Angela Johnson. Fee: $23.95. Contact Hours: 2.0.

Nurse Leadership Certificate Program
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The nine-part certificate program provides an in-depth understanding of the skills and characteristics necessary to be an effective nurse leader. This series is designed to provide nurses at all levels with practical training that can be put to use in any health care environment. Fac: Judith K. Orth, RN, CHPN, BSN, MA. Fee: $199.95. Contact Hours: 12.0.

Social Media Usage in Health Care
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: In this course intended for nursing staff in the long-term care setting you will learn what is social media, what privacy rights residents have related to social media, and types of possible criminal abuse via social media. Fac: Judith K. Orth, RN, CHPN, BSN, MA. Fee: $11.95. Contact Hours: 1.0.

Active Shooter: What You Can Do
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to present health care professionals with a comprehensive understanding of how to respond in an active shooter situation wherever they are, including a hospital, nursing home, outpatient clinic, or any other health care facility. Fac: Dorothy de Souza Guedes. Fee: $11.95. Contact Hours: 1.0.

Antibiotic Stewardship
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud:
Emergency & Disaster Preparedness
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives. Fac: Denise Warren RN, BSN. Fee: $11.95. Contact Hours: 1.0.

Advance Directives and DNRO
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives. Fac: Denise Warren RN, BSN. Fee: $11.95. Contact Hours: 1.0.

Dealing with Difficult People in Healthcare
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives. Fac: Denise Warren RN, BSN. Fee: $11.95. Contact Hours: 1.0.

Behavioral Health Services
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to provide education to health care employees who are involved in the care of persons with behavioral health disorders. Fac: Leanne Anthon, MSN, RN. Fee: $11.95. Contact Hours: 1.0.

LGBT in Health Care
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: This self-study will help health care staff understand the terminology and basic rights of LGBT seniors in long-term care. Fac: Heather K. Johnson, MHA. Fee: $11.95. Contact Hours: 1.0.

Antipsychotics and the Elderly
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications and implications of their use in the elderly population. Fac: Elizabeth Boldon BSN, MSN. Fee: $11.95. Contact Hours: 1.0.

Dementia Training Module A
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: All staff working in the long-term care setting will increase their and skills in caring for persons diagnosed with Alzheimer’s disease or a related disorder. This bundle of courses includes the following modules: Understanding Alzheimer’s Disease, Communication, and Behavior Management. Fac: Kara Finger. Fee: $39.99. Contact Hours: 4.0.

Dementia Training Module B
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: All staff working in the long-term care setting will increase their and skills in caring for persons diagnosed with Alzheimer’s disease or a related disorder. This bundle of courses includes the following modules: Philosophy of Care, Family & Staff Issues, Activities for Persons with Dementia, Activities of Daily Living Medication & Nutrition, and Ethical Issues. Fac: Kara Finger. Fee: $39.99. Contact Hours: 4.0.

Dying with Dignity
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: Healthcare providers will place an emphasis on each terminally ill patient’s uniqueness that tends to preserve their sense of dignity. Fac: Judy K. Orth, RN, CHPN, BSN, MA. Fee: $11.95. Contact Hours: 1.0.

Elder Justice Act: What it Means for You
Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: Healthcare providers will increase their knowledge about the Elder Justice Act of 2010 (EJA) by providing information about its priorities, provisions, and related legal decisions since its enactment in 2010. Fac: Judy K. Orth, RN, CHPN, BSN, MA. Fee: $11.95. Contact Hours: 1.0.
Ethical Principles in Nursing

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: To enhance the nurse’s ability to utilize ethical principles in nursing practice. Fac: Denise Warren RN, BSN. Fee: $35.95. Contact Hours: 3.0.

Infection Control

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: Health care professionals will review and gain knowledge of current and emerging infection control procedures, common health care related infections, and infectious disease outbreaks. Fac: Mary McGeough BSN. Fee: $23.95. Contact Hours: 2.0.

Influenza: The Basics

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The health care practitioner will enhance her knowledge of this season’s influenza and best practices for prevention and transmission of the disease. Fac: Linda Fisk RN. Fee: $11.95. Contact Hours: 1.0.

Leadership in Health Care: General Principles

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills. Fac: Judy K. Orth, RN, CHPN, BSN, MA. Fee: $17.95. Contact Hours: 1.5.

Multi-Drug Resistant Organisms

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered and provide recommendations for preventing their spread. Fac: Denise Warren RN, BSN. Fee: $11.95. Contact Hours: 1.0.

Nursing Documentation

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: Nurses will gain knowledge and skills related to the documentation of information in the patient’s medical record. Fac: Mary McGeough BSN. Fee: $17.95. Contact Hours: 1.5.

Nursing CEUs (100+ HR)

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care and autoimmune diseases to name just a few. Fac: Mary McGeough BSN. Fee: $33.95. Contact Hours: 100.0.

Pain Management at Life’s End

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this course is to integrate recently published pain management evidence into clinical practice and care for the terminally ill. A case scenario approach to this topic will transpire throughout this course to aid in the discovery and application of more effective ways for health care professionals to assist patients and families in the management of pain at life’s end. Fac: Judith K. Orth, RN, CHPN, BSN, MA. Fee: $23.95. Contact Hours: 2.0.

Preventing Medication Errors

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: The purpose of this online course is to increase healthcare professionals understanding of and skills for eliminating medical errors. Fac: Mary McGeough BSN. Fee: $11.95. Contact Hours: 1.0.

Staff Retention: Working Together to Achieve Organizational Success

Spon: CE Solutions, a Division of VGM Education. #335. Contact: Heather Johnson. Phone: 866-650-3400. Aud: RN, LPN, ARNP. Summary: To provide a framework of strategies to create successful organizations through positive, meaningful leadership. Fac: Vicki Parsons MBA. Fee: $11.95. Contact Hours: 1.0.
controlling education offerings | continued

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*These activities have been submitted to the Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.*

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**Stowaways! Diseases That are Sneaking Across the U.S. Border**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Health care personnel will be introduced to diseases that may accompany immigrant/refugee children and families to the U.S.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

"Mommy, I Can’t Breathe!" Enterovirus D-68

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Healthcare personnel will increase their understanding of non-polio enteroviruses, including the enterovirus D68 (EV-D68), which appears to be the pathogen that caused mild to life-threatening illness and deaths in children in multiple states.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

**Zika Virus: What You Need to Know**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Healthcare personnel will enhance their understanding of Zika virus.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

**Bumpety-Bump: Diagnosis Mumps**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Healthcare personnel will enhance their understanding of mumps.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

**Heart Palpitations - A Cause for Concern?**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Health care personnel will enhance their knowledge of heart palpitations, both those that are benign and those that may indicate a more serious health issue.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

**Aortic Aneurysm: A Silent Killer**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Health care personnel will enhance their knowledge of aortic aneurysms, including thoracic aortic aneurysms (TAA) and abdominal aortic aneurysms (AAA).  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

**Anxiety Disorders in Adults and Children**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Anxiety disorders can be debilitating for both adults and children. The nurse will enhance her understanding of types of anxiety disorders that affect the individual and the different modalities used to treat them.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

**It’s Just a Bug Bite, Right? Vector-Borne Diseases**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** ANurses will enhance their knowledge of vector-borne diseases: signs & symptoms, diagnosis, treatment, and prevention.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0

**Opioids - Friend or Foe? (Part I)**

**Spon:** Words Matter Nurses. #375.  
**Contact:** Linda Fisk.  
**Phone:** 855-227-6784.  
**Aud:** RNs, LPNs Other persons interested in this subject matter.  
**Summary:** Health care personnel will discuss pain and how medical response has lead in some cases to over-prescribing. Street drugs are another part of the opioid crisis, both issues contributing to ninety-one deaths from drug overdose every day in the United States.  
**Fac:** Linda Fisk.  
**Fee:** $4.00.  
**Contact Hours:** 2.0
Opioids - Friend or Foe? (Part II)
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: Healthcare professionals will discuss the opioid crisis and become familiar with the program developed by CDC to respond to the crisis. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

Hepatitis A: A New Epidemic?
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: Nurses will discuss hepatitis A and explain how the disease is transmitted, who is at risk for the disease, signs and symptoms of illness, prevention of hepatitis A, and vaccination guidelines. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

The Aged: Dying From Loneliness?
Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. Phone: 855-227-6784. Aud: RNs, LPNs Other persons interested in this subject matter.
Summary: Nurses will study the effects of loss and grief on the elderly population. Fac: Linda Fisk. Fee: $4.00. Contact Hours: 2.0.

ADVANCED REGISTERED NURSE PRACTITIONER COMMITTEE MEMBERS NEEDED

The Iowa Board of Nursing is soliciting applications for two committee members to serve on the Advanced Registered Nurse Practitioner (ARNP) Advisory Committee. Due to the resignation of two committee members, we are seeking one Certified Nurse Practitioner representative and one Certified Registered Nurse Anesthetist representative. Committee members are board approved and board staff facilitates the committee work.

The purpose of the ARNP Advisory Committee is to provide guidance and support concerning the scope of practice of the advanced practice nurse in Iowa.

The anticipated time commitment for this committee is four face-to-face meetings over the course of one year, with meetings held in Des Moines.

INTERESTED PARTIES SHOULD SUBMIT A COVER LETTER AND RESUME TO:

Kathy Weinberg, Executive Director
Iowa Board of Nursing
400 S.W. 8th Street, Suite B
Des Moines, IA 50309-4685

All letters and resumes must be received in the board office by May 31, 2018, to be considered.